

A Monthly devoted to the Holy Eucharist and published with Ecclesiastical Approbation
by the Secretariate of the Apostleship of Prayer Eucharistic Crusade,
St. Aloysius' College, Mangalore, S. K., India.

Volume IV.
Number 1.
New Series No. 6.

JANUARY 1940

Subscription Re. 1.
Foreign Rs. 1/8.
Single Copy As. 2.

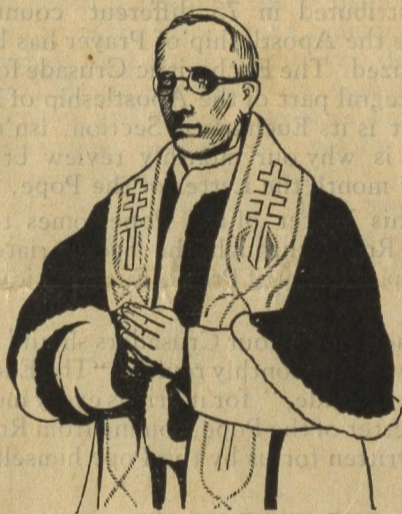
January Intentions of Our Commander-in-Chief

I. The General and Particular Intentions of the Holy Father.

"I DESIRE," said the Little Flower of Jesus, "to be a child of the Church, like our Mother St. Teresa, and to pray for all the intentions of the Vicar of Christ. *It is the general end of my life.*" These words describe very well the scope of the Apostleship of Prayer.

The General and Particular Intentions of the Pope are many. Every intention directed to 'the glory of God and the salvation of souls' is of the number. But is there anything besides this universal title, which may be considered as a common link binding the Pope's intentions? We find an answer to this question in the words addressed by the present Pope to the Cardinals on the feast of his Patron, St. Eugenius. "Though not a daughter of the world, still the Church is in the world and lives in it, and draws her sons from it, ever shares the joyful and sorrowful vicissitudes of the world, suffers in the midst of it, fights and prays, as she prayed in her earliest times, together with the great Apostle Paul, and offers "supplications, prayers, intercessions, and thanksgivings for all men: for kings and for all that are in high stations: that we may lead a quiet and a peaceable life in all piety and chastity." As the Holy Father immediately added that the world has rendered the way of the Church more difficult and arduous than at other times, there remains no doubt that 'Peace,' most of all when a wide-spread war is waging in Europe, is that which unites together and pervades all the intentions of the Pope.

We may safely leave it to the Vicar of Christ to determine which are the things in general and in particular, which make for 'Peace.' On our part, let us with unbounded confidence go to the Divine Heart of the Prince of Peace, whose Angels sang 'Peace on earth' when He was born at Bethlehem, whose message was 'Peace' when He rose from the dead, who alone can give that 'Peace' which the world can neither give nor take away.



EUCHARISTIC CRUSADE LEADER

Most Holy Father, for what intentions do you wish your Crusaders to offer up their prayers, Communion and sacrifices during the month of January?

CRUSADE COMMANDER-IN-CHIEF

My dear Crusaders, during this month I wish you to offer up your prayers, Communion and sacrifices:

1. For my general and particular intentions.
2. For the Christians in the missions who are separated from the true Church.

MONTHLY EJACULATIONS

1. Heart of Jesus, for the general and particular intentions of the Holy Father, we beseech Thee, hear us.
2. Heart of Jesus, that the Christians in the missions who are separated from the true Church may be reunited, we beseech Thee, hear us.

SPECIAL INTENTIONS

1. For that peace which God alone can give to the nations.
2. For the refugee children of war-stricken countries.
3. For the reunion of the Schismatics of Malabar.
4. For the return of the Protestants in India, Burma, Ceylon and Malaya to the bosom of the Church.

II. Christians separated from the Church in the Missions.

It is seldom that Catholic missionaries work alone in a pagan country. If other Christians have not preceded them, they are likely to follow them soon. The Schismatics of Russia have long had their missions in China, Japan and Alaska. Protestants may be found nearly all over. When at the beginning of the nineteenth century our missionaries went to South Africa, Oceania and Australia, they found that Methodists, Anglicans and others had been beforehand with them. As soon as America came in possession of the Philippines, Protestants abounded. They set foot in Japan, Corea, China and Siam as soon as these countries came under European influence. It was the same with India, Central Africa and South America.

It is not easy to say how many Christians there are in the missions who are not Catholics. The last world statistics of 1925 give a total of 6,540,830. The number must be larger to-day.

It is clear that the Catholic missionary is faced with a formidable rival. The spectacle of the separation of these Christians from us and of their division among themselves is an object of bewilderment and scandal to the natives of the soil. Occasionally this leads to happy results. It has been so with those Jacobites of Malabar who, realizing the harm that Protestant propaganda was doing among them, have courageously turned to the Church of Rome.

Let us pray that the Sacred Heart may deign to neutralize the dissident forces and that there may soon be but one Fold and one Shepherd.

CHURCH UNITY
OCTAVE
January 18-25.

The Monthly Letter of Our Holy Father the Pope

I. THE POPE AT HIS DESK

To-day we are going to start on a journey, a very long journey. We are going to . . . Can you guess?

We are going to . . . Rome!

To see whom?

The Pope!

Who will come with me?

I! . . . I! . . . I! . . .

Then, shut your eyes and let us start. Up goes our A. P. E. C. Airliner! . . . We have left the aerodrome of Karachi. "Good-bye, dear Motherland!" What a speed! . . . We are heading in a north-western direction . . . Iran! Iran! . . . We have just reached the town of Jask where we stop for a half hour . . . Off we are once more! South-west, then north-west along the Persian Gulf to Baghdad in Iraq . . . Beyrouth: Look at the majestic buildings of the University of St. Joseph where the Secretariate of the Syrian Crusaders is housed. Long live the Crusaders of Syria! God bless them all! . . . Athens: the ancient capital of Greece . . . Brindisi on Italian soil . . . ROME! Look, look there St. Peter's . . . and the Vatican Palace where the Pope dwells!

We are going to enter the papal residence. But we cannot now go to his study. He is busy. Never mind, we can see him through the window which happens to be open.

You see him well, don't you?

He is there, seated at a desk. How good, how holy he looks! In front of him there is a map of the world; in his hand a pen, and on the desk a sheet of paper. He looks sadly on the map; for he sees the nations at war with one another; he sees Russia, Germany, Poland, Finland . . .; he sees Africa, China, Japan . . . India. He knows, in fact, that throughout the world, the devil is labouring hard to ruin souls. That is why he feels so distressed. Look, he begins to write. Do you know what he writes, and to whom?

No, sure enough, for he writes in Latin which is the official language of the Church.

Yet, I can guess it. Considering there are so many souls to be saved, the Holy Father has thought of his great army of the Apostleship of Prayer and of the Eucharistic Crusade. He calls it to his help and gives his orders, his intentions. Our Holy Father, the Pope, writes . . . he is still writing. Now the letter is finished.

Soon, some one will come to get it and to send it to us, the Crusaders of the whole world . . .

Let us quickly get back into our A. P. E. C. Airliner, fly back to India, to our own place, the place where we are holding our Crusade meeting. Here the postman will bring us every month the Letter of the Pope. Ah! what a journey, what a beautiful journey we have had. We have seen the Pope, our Commander-in-Chief, writing to his Crusaders!

II. THE MONTHLY LETTER OF THE POPE

Now open your eyes; you are no more in Rome, but at the Crusade meeting; and here is the Letter of the Pope. I shall read it to you.

My dear Crusaders,

During this month I wish you to offer up your prayers, Communions and sacrifices for my general and particular intentions, and for those Christians in the missions who are separated from the true Church.

But how is it possible? It is a printed letter, and that in English too! We saw with our eyes the Holy Father writing it himself in Latin.

How has the change taken place?

I shall explain it to you. The Pope sent the letter to the Director General of the Apostleship of Prayer and of the Eucharistic Crusade, authorizing him to communicate it to all the members of the Apostleship of Prayer and to the Crusaders all over the world.

In every country there are thousands and thousands of members of the Apostleship of Prayer and of the Eucharistic Crusade.

Translated in all the languages and reprinted millions of times in the numerous reviews and publications of the Apostleship of Prayer, the Letter of the Pope is distributed in 75 different countries where the Apostleship of Prayer has been organized. The Eucharistic Crusade forms an integral part of the Apostleship of Prayer; it is its Eucharistic Section, isn't it? That is why our monthly review brings every month the Letter of the Pope.

This Letter of the Pope comes to us from Rome through the Secretariate of the Apostleship of Prayer Eucharistic Crusade.

Each one of our Crusaders should subscribe to our monthly review, "The Eucharistic Crusade," for it brings every month the Letter of the Pope, coming from Rome and written for us by the Pope himself.

III. THE MONTHLY INTENTIONS OF THE POPE

What does the monthly Letter of the Pope bring us?

The intentions of the month, that is, the intentions which we must keep before our eyes during the month, as the object of our prayers, Communions and sacrifices.

The monthly letter brings us every month the intentions of the Holy Father, or rather, the desire of the Pope for each month, and, therefore, the desire of Jesus, since the Pope is the Vicar of Jesus on earth. "What are the intentions of the Pope," said Pius XI, "if not the intentions of the Heart of Jesus?"

Jesus has condescended to be in need of us; He wishes us to help Him. What, then, can we do for Him? What can we give to please Him? We must be devoted and generous. Now, what is most valuable and, therefore, most appreciated? Isn't it true that what is most valuable, is also what is most appreciated? So then, listen to me.

Loftiness of Intention

When an attack has to be made on the enemy, and the signal to start has been given, four soldiers jump over a parapet. All the four do the same thing, at the same time, at the same instant; but let us now examine the intention, the motive, which makes them act like that.

The first soldier is a traitor. He goes forward because he is threatened by the officer's revolver. This soldier jumps over the parapet that the officer might not rebuke him.

The second soldier is an easy going townsman who would prefer to stay at home with his family; but jumps over the parapet because it is necessary; he cannot do anything else.

The third is a young volunteer; full of ardour, he shows himself brave because he loves his duty and his country; he jumps over the parapet for the glory of his country.

The fourth soldier is a seminarian, also a volunteer. At his last Communion he offered himself as a victim of expiation for peace between the nations, that Christ may reign in all of them.

Have you followed me? Now I ask you: Have these four soldiers done all the same thing?

Yes, all the four have done the same thing and at the same time: all have jumped over the same parapet, at the same word of command.

But did they all do it for the same motive, with the same intention?

No.

Which of them acted in a manner most pleasing and most praiseworthy?

The young seminarian, of course.

Why?

Because the intention which animated him was better than that of the others.

The very same thing happens with the Morning Offering of the Crusader: the better the intention which animates him, the more precious, the more valuable is his Offering in the sight of God.

But what can be the best possible intentions which animate the Crusader's Offering? . . .

The best possible intentions which can animate a Crusader are the very intentions of the Heart of Jesus; there are no better intentions, no loftier intentions than those of the Heart of Jesus. This has been taught us by Jesus Himself. Listen to His very words: "When you pray, you must say . . ."

Let us see what we must say and ask; what are to be our intentions, the motives of our prayer.

Jesus teaches us: "When you pray, you must say: Our Father who art in Heaven, hallowed be Thy name, Thy Kingdom come, Thy will be done on earth as it is in heaven."

All these petitions refer, as you can see yourself, to the glory of God the Father.

Comprehensiveness of Intention

Next come the petitions which concern us, His children. They also are very precise. Jesus continues: "Give us this day our daily bread. Forgive us our trespasses as we forgive them that trespass against us. And lead us not into temptation, but deliver us from evil."

These are the intentions of the Heart of Jesus. Well, every month the Pope does nothing else in his monthly intentions than point out those intentions of the Sacred Heart of Jesus which are more urgent at the present time. He proposes them to our hearts which are so selfish and so engrossed in petty personal interests, to make them truly Catholic hearts,

entirely concerned about our Lord and souls, about the whole world, no one excluded.

A little Italian Crusader was asked one day: "What have you made all those sacrifices for?" "To save the world," was the prompt reply. Another Crusader of Fribourg was asked the same question, and replied: "I make the sacrifices in order that this world may go better." A child of the Orthodox Church who was grievously sick and suffering a great deal said: "I offer the sacrifices, imposed on me by my sickness, for the salvation of great Russia."

The Crusaders' intention embraces the whole world; but the horizon of the little Russian child did not extend beyond its own nation.

The intentions, fixed by the Pope for each month, give to our heart the comprehensiveness of the Heart of Jesus. What we want is the salvation of the *whole* world.

Purity of Intention

Do you wish to give a great value to your life? Then you must start by giving it a great intention. Such an intention, as you know, is the Pope's intention.

But listen.

Look at that water that rushes from its spring in cascades. See how beautiful it is. The sun's rays sparkle through the water. Nearby there is a puddle. On this, too, the sun is shining. Yet how ugly it looks! The water is troubled and dirty. It is all mud. The sun that illumines it only makes it appear more forbidding.

Why this difference?

Because the spring is pure, while here the water is mixed with mud. If to the Pope's intention for which we offer our prayers, Communion and sacrifices, we add another intention of our own; if, for example, we desire the glory of God and some little glory also for ourselves; if our intention is partly good and partly bad, then our intention is no more pure.

The Pope's intention is the limpid water of the spring; our little interested, selfish motives which come from our pride are the mud that mars its purity.

What the Crusader wants is the crystal purity of the spring; he rejects the slightest admixture of anything else. To do everything for God alone—that is the purity of intention.

The Intentions of the Heart of Jesus and of the Pope, and national, parochial and particular Intentions.

The Crusaders pray for the intentions of the Heart of Jesus. But Jesus taught us also to make our petitions in detail. We say: "Give us this day our daily bread." So, after praying for the intentions of the Pope, we make our particular petitions. We may pray for the intentions of our Bishop, the intentions of our Parish Priest, of our College or School, of our Director or Promoter, of our family, and so on. All these intentions must, however, be in conformity with the intentions of the Heart of Jesus. Our monthly review, "The Eucharistic Crusade," proposes several such intentions under the heading "Special Intentions" every month to the prayers of the Crusaders.

Hence the full intention of the month comprises: (1) the Word of Command from our Commander-in-Chief, the Monthly Intentions, that is, the desire of the Holy Father which we must make our own, the echo of the Heart of Jesus which we must record in our heart in a manner both

vivid and fervent; (2) the intentions that have been recommended to us; (3) the personal intentions, all of which we must conform to the intentions and desires of the Sacred Heart of Jesus.

IV. AROUSING DESIRE FOR THE POPE'S WORD OF COMMAND

The Word of Command of the Chief we have to follow

What do we mean by a Word of Command? By a Word of Command we mean an order given by a Chief to his soldiers, an order which must be carried out, cost what it may.

When in a war, a general issues an order to his army, who receives it first?

The officers who are immediately subordinate to the Commander-in-Chief.

And who transmit this order from the Commander-in-Chief to the soldiers?

The Officers, of course.

It is in this way that the Word of Command is passed on: the Commander-in-Chief gives it to his Officers; and the Officers, in their turn, make it known to their soldiers. Thus from one end of the army to the other, down to the last soldier, the order is known and executed.

Well, the very same thing is done in the army of the Apostleship of Prayer Eucharistic Crusade: the Word of Command from the Pope, our Commander-in-Chief, is thus communicated to the Crusade Officers (the Director General, the Diocesan and Local Directors and Promoters) who in their turn make it known even to the smallest Crusader.

At this very moment there are thousands of Crusaders—big and small, young and old—grouped together in Crusade units all over the world: in parishes, mission stations, schools, colleges, hostels and boarding houses, in towns and in villages. All these Crusaders are either listening to the Word of Command as communicated to them through their Local Director or Promoter, or are receiving it through our monthly review, "The Eucharistic Crusade." You also will receive it. But are you worthy of receiving it? . . .

Are you fully resolved to do what it tells you? . . .

When a missionary gets ready to go and evangelize pagans, he knows full well that he will go to some distant country where he will work for the salvation of souls; but he does not know beforehand to which country. It will be the Superiors' business to decide about that. He is ready to obey and, when he gets the order from his Superiors, he starts promptly to take the place assigned to him by Obedience.

Well, Our Holy Father, the Pope, sends you every month like missionaries to this or that country to draw down God's grace upon it through your prayers, Communion and sacrifices. You do not know beforehand whether during the next month you are to pray and sacrifice yourself for the Depressed Classes of India, or for the conversion of the Chinese, the Negroes, the Arabs, the Esquimos. What you know is that the Letter of the Pope will assign to you the field of apostolic action, and that is why you wait, often so impatiently, for the monthly Letter of the Pope.

Where will the Pope send you to work this month? Which men are to be converted? Whose souls in this vast world are in need of your help?

The short Letter of the Pope will tell

you that. But now stand up before Jesus who sees you all, and with closed eyes promise Him that you will generously answer His Word of Command and carry out the order, whatever it may be.

Then, as soon as you will receive the order, come on with your Morning Offerings, your Masses, Communion, visits, decades of the Rosary, ejaculations and other prayers, acts of sacrifice and self-conquest, your good works, to make God's grace shower down upon the field indicated by the Pope in his Letter, in his Monthly Intentions.

Realize this well: you must always offer up your day for all the intentions of the Heart of Jesus and for all the intentions of the Pope.

You wish "to save the whole world." But as there are some places more open to attack than others, and more in need of reinforcements, you direct your onslaught to the place indicated by the Pope; and your ardour is spurred on all the more because there is need of immediately winning the battle.

Tell me, is it when they are comfortably seated in the dug-outs, down in the trenches, smoking their pipes, with the hands in their pockets, that the soldiers receive the daily orders from their Commander-in-Chief?

Oh! no

When the Commander-in-Chief speaks to the army, what is the attitude of the soldiers when listening to him?

They stand "at attention" because his voice is the voice of the fatherland.

Well the voice of the Pope is much more than the voice of our fatherland; it is the very voice of? . . .

Jesus!

How do we listen to Jesus' words at the Mass during the reading of the Gospel? Standing, to show our respect to Him.

The Word of Command of our Holy Father, the Pope, is the order of Jesus. So all the Crusaders listen to the monthly Word of Command standing in deep reverence.

Now, here is the order; the Pope is going to speak. So, how will you all stand? "At attention."

Standing erect before your desks, with arms crossed, in front of you the map of the world, listen attentively! In your name and in mine I shall put a question to the Pope to which he will give an immediate reply.

"Most Holy Father! For what intentions do you wish your Crusaders to offer up their prayers, sacrifices and Communion during the month of January?"

"My dear Crusaders, during this month I wish you to offer up your prayers, Communion and sacrifices for my General and Particular Intentions, and for those Christians in the missions who are separated from the true Church."

Crusaders, have you all heard his Word of Command?

Yes, we have!

So then. Let us repeat our war-cry: "Forward, God wills it! Crusaders, Christ our King! For ever!"

In a few minutes you will receive your monthly review. See that you read it carefully.

Let each one keep one's copy like a precious treasure, as a soldier keeps an important message he has received from his Commander-in-Chief. You have already received it; the Pope's order, as you know, is something serious, and not a thing to be trifled with.

THE APOSTOLATE

"THE HARVEST IS GREAT BUT THE LABOURERS ARE FEW."

WE have now almost fully explained our Crusaders's motto. Who remembers it?

"Pray sacrifice yourself, receive Communion..."

That is very good. It now remains for us to study the last part: **"BE AN APOSTLE."**

MEDITATION ON THE GOSPEL.

To understand well the great things contained in this little word, let us ask Jesus to help us, and for that let us all remain on our knees for some time, close our eyes, join our hands and reflect that God is near us and looking at us.

(After a minute's silence) Let us all say together: **MY GOD, I BELIEVE THAT YOU ARE PRESENT HERE AND I ADORE YOU.** (Make the children repeat these acts of faith and adoration).

(Let the children sit down. As in all meetings of the crusade, avoid giving the impression that the meeting is a class, let them sit in a circle, even without any settled order, more or less as they like. Be not afraid of the seeming disorder, for it will help to obtain greater simplicity, the function will gain in spontaneousness as when they are among friends).

Now, let us picture to ourselves a Gospel scene "a true history" which happened two thousand years ago when our Lord was on this earth.

Having lived for thirty years his humble and hidden life of prayer and toil at Nazareth, Jesus left the Blessed Virgin, His little house and His village and entered upon His public life.

For three years He went from village to village, from town to town all along the roads of His country, preaching, healing the sick, raising the dead, narrating His beautiful parables, ever working to make His Heavenly Father better known and loved.

If we had lived in His days, how we would eagerly have joined the crowd of disciples who followed Him, and whom He was about to call to the honour of working with Him.

But are there not still among us little St. Peters alert, ardent, perhaps even presumptuous, who will be the first to raise their hands when there is a call for "volunteers", for instance to obtain the grace of a baptism or salvation of a dying man?

Are there not little St. Johns, earnest and tender hearted, who will say 'Yes' from their inmost hearts and join the great offensive attacks of silence and sacrifice?

Are there not all others — Andrew, James, Matthew to whom the Master has only to say "Leave your nets, your toll-gate, follow me, and they will come?"

Therefore Jesus, after choosing from among the crowd His apostles, His twelve

and inviting them to stay always with Him, began to form them; to prepare them to take his place in that on which he would no more be on the earth; and for this purpose he used to give them many special instructions.

Now on a certain day, Jesus was walking with them on a road that had fields on both sides. They were wheat fields of which there are many in that country. It was summer; the beautiful ears ripe and heavy with grain, bent their heads over their stalks; scattered here and there were the reapers, sickle in hand. Jesus looked at the fields, the ears, the reapers, turned to his apostles and said, with a gesture sweeping over the whole horizon: "Look, the harvest is great but the labourers are few. Pray ye therefore to the Lord of the harvest to send labourers into the harvest!"

Jesus was sad...

The Apostles quite surprised looked at each other. They did not understand



that Jesus meant a harvest and labourers of a very different nature.

This, the good Master had to explain to them with that divine patience He always used when instructing. He is going to explain the same to you also, little Crusaders. Listen attentively...

Just as in that land of Palestine, Jesus was looking at the ripened wheat moving like the waves of the sea under the sun, so too at the instant and, at all times God is looking from the heights of heaven at the vast expanse of the world. In this world He beholds, thousands and millions of souls dwelling, pressed close together like the ears of wheat in a field. Whether they be in France or in England, in Africa or America, whether they be white or black, savage or cultured, they all are souls... souls for whom Jesus died, whom God loves with an immense love, whom He ardently desires to see in heaven with Him. That is the harvest, a harvest far more precious than that of all the fields of wheat, even those fields, produced, ears of gold.

The harvest is ripe, ready to be mowed, it is ripe because our Lord died on the Cross, and His Blood has become an immense treasure of merits, more than sufficient to save all souls, even if they had been a thousand times more numerous than they are. The harvest is ripe because these souls are about to be mowed down by pitiless death which sends 180,000 of them every day to the other world. Do you see these rows of the dying, laid close together on the brink of the grave, like the ears of wheat or rice cut by the sickle along the furrows. It is ready, because on the whole very little remains to be done, for making them fit to enter heaven, they must know God, they must make an act of love and of contrition for their sins, they must have received baptism, or at least they must have a great desire to receive it and to do all that God wills.

Yes, but you will be puzzled. Why does Our Lord say: "The labourers are few. Pray ye therefore to the Lord of the harvest that he send labourers?" Has the good God any need of labourers? Can He not gather the harvest Himself? Can He not send directly to souls the grace of salvation and the light which will take them to heaven.

Surely, He can, but he does not wish it in the ordinary course of events. In His wisdom and love He has decided otherwise and we have only to thank Him for having deigned to make us His co-workers.

Since He went to stand in need of us, He realizes that many souls in this great harvest will not know Him, unless there is a sufficient number of workers, of priests and religious to teach them how to love Him.

Like unharvested wheat that falls on the ground and is lost, these poor souls having no priest to gather them together and send them to heaven, will fall into sin, will sink lower and lower, even go to hell. Is this not very sad my little Crusaders? Our world, how large it is, there are 20,000 million men, of whom only 300 million are Catholics, and even among these how many who scarcely love Jesus. One sixth of the world's population really knows Him; two thirds do not know who He is.

(On a map of the world point out the Christian and non-Christian countries. Or show some pictures on which the divisions are all marked.)

That is why Jesus is sad. From within the tabernacle His anguish now is still what it was; and to you He repeats very same lament He expressed to His apostles: "The harvest is great, the labourers are few."

Do you wish to console him?

You shall be His little children Apostles. You shall make Him known and loved. Promise to Him that you will win over souls for Him, that you will be saviours of souls.

There are many souls who are not saved, only because there are many who are not engaged in saving them.

II

WHAT IS AN APOSTLE?

What does the word "Apostle" mean?

It means "one who is sent." The apostles whom our Lord chose during His public life are men whom He sent afterwards into the whole world to preach His doctrine and to conquer souls. Are there not even now some persons who, like the Apostles leave all they have to follow our Lord, spend their lives in making Him known and loved?

Yes, the priests and religious. Have they alone the privilege of being Apostles? Would they suffice for the work?

No, they are not numerous enough.

That is why our Lord sends every body to the conquest of souls. You also, our Lord does send. He wishes you also to become Apostles.

III

OBJECTIONS AGAINST THE APOSTOLATE

But perhaps, when you have felt the desire to answer His call, you have stopped, saying:

"What will people think of me?"

And what will Jesus think of you? He will be pleased—that is essential. The others, how little they matter! Or perhaps you come to this conclusion:

"That is the business of priests and religious." Yes, certainly, for to that they have dedicated their lives. They are the great reapers. But who is it that follows the reapers? **THE GLEANERS.**

Well you be the gleaners of Jesus in the field of souls.

IV

MOTIVES FOR THE APOSTOLATE

(i) The Love of God

If some one were to speak ill of your mother, would you get angry? Surely. And rightly so! What would you do?

I would console my mother. I would climb on her knees and kiss her.

Very good. But you love Jesus more than your mother, don't you? In this world, there are wicked men who attack Him, will you defend Him? Console Him?

(ii) The Salvation of Souls

If a playmate of yours were to fall during a game, would you leave him there on the ground?

No, I would raise him up. Suppose he misses his way and imagining to go home he takes the opposite direction, at the risk of being lost, would you allow him to be lost?

No, I would show him the right path. Very well. Now there are souls, my dear Crusaders, whom you can snatch from the fire of hell through a prayer or a sacrifice. Will you through your carelessness allow them to die in their sins, without attempting to drag them out?

There are souls who missing their way and imagining they go to Jesus, really go towards the devil. These are the souls who care only for their pleasure.

You will show to them the right road. To find Jesus they must take a steep path, disregarding the thorns and brambles that sometimes perhaps will tear the feet; but it is the only path that leads to heaven.

(iii) Obedience to God, to the Church.

Do you realize by this time who he is, who asks you to be an apostle?

Yes, it is God, it is Jesus.

After Him and in His name who else calls you?

Our Holy Father, the Pope, His visible representative.

So then, it is the invisible Christ and the visible Christ who call all of us to the apostolate, the Catholic Action, whoever we be, laymen of every age and station in life. It is they who call you also, you their little Crusaders, and who every month choose for you the intention for which they have special need of your prayers, sacrifices, and communions. That intention what do you call it?

Please Note ●●●

1. There is no issue of the Leaders' Bulletin this month.

2. The publication of the Hymn book advertised in the Eucharistic Crusade has been unexpectedly delayed. Orders received have been registered and will be attended to as soon as the book is published.

3. The article appearing in this issue on the apostolate will be completed in the next issue, and will be reproduced in pamphlet form as one of the proposed series of ten instructions to the Crusaders.

The monthly intention, the order of Jesus, the Papal watchwords.

This general intention does not prevent you from carrying on your individual apostolate—from taking some offensive. For instance to obtain from God a conversion which your parish priest desires, or a special grace which is of special interest to you or your family. We can work for many things at the same time. We can even work for all Jesus Christ's intentions, at the same time, by prayers and communion. Be apostles, and the good God will listen to you, especially if you have the qualities necessary for every little apostolate.

V

CONDITIONS FOR THE APOSTOLATE

(i) To possess God

An apostle is a Chalice that is full of Jesus and overflows our souls. The first condition to be an apostle is to possess

God. Suppose you have no sweets, could you give any to the poor? No. But if mother tells you, "Take some sweets in your hand," would you be able to give then? Yes.

And if your big sister also took sweets in her hand, could she give more sweets? Yes. Because her hand is bigger.

The larger your soul the more it will be filled with Jesus, and the more of Him you will give to others. And, you know how we possess the God in us by the grace baptism gives us, and puts Him in us so long as we do not drive Him away through mortal sin... then by Holy Communion which places Jesus in us to impart us some of His life, lastly through all the beautiful acts of the treasury which make Jesus grow in our souls.

(ii) To be very pure

A soul is like a beautiful casket. When a casket is full, can you place anything more in it? No.

If your soul is full of venial sins, there will be no room in it for Jesus. And then, how uneasy He will feel there! If on the contrary your soul is pure, free from sins Jesus will fill it and through your soul he will shine.

Have you ever seen a very clear night-sky? When the weather is good those shining, twinkling stars can be seen. But if the sky is cloudy, the stars are hidden. Of course they are there, but we cannot see them.

In the soul of you all there is a star, a sun whose only desire is to shine, to illumine with His divine radiance the souls around you who grope in darkness. That sun is . . . ? It is Jesus.

But if your soul is filled with small sins they will be like a dense dark cloud which will prevent people from seeing Jesus who is in you. He can no more illumine souls; you are not doing the good you could have done, because Jesus is hidden by those small sins.

(iii) Be very kind

Is Jesus harsh to you? Does He scold you severely when you misbehave?

No, He is kind.

His reprimands are almost caresses.

If you want to draw souls, take the sentiments of Jesus, act as He did, with great kindness.

(iv) Be full of confidence

Be convinced that Jesus can give you all that He wants. Confide in Him, and ask Jesus to give you what He wants you to have, when you want to do good to others.

(v) Be very humble

Therefore make yourselves very small to allow Jesus full freedom to act; and when he makes use of you, do not think that it is you who have done something; it is Jesus who did it for you.

(vi) Have perseverance

Wait without ever being discouraged if your prayers are not heard as soon as you undertake anything. Pray still more . . . and then resume your undertaking.

(To be continued).

THE APOSTOLATE

"THE HARVEST IS GREAT BUT THE LABOURERS ARE FEW."

(Continued)

VI

MEANS TO EXERCISE THE APOSTOLATE

What are the best means of apostolate?

(a) Prayer.

You have no doubt seen a child grievously ill. The mother wanted to save her child. Skilful doctors and nurses, took every possible care of him and the child died. Doctors could do nothing for him. How vividly does one realize in such cases the nothingness of our poor human efforts!

As for healing souls, Jesus said: "With out Me, you can do nothing." That is true; alone we can do nothing, do you hear? With Him everything. "Ask and you shall receive" Whenever we ask, Jesus gives - not always what we wish, but always what is best for us.

(Narrate some suitable stories. Recall that conversion of St. Paul was due to the prayers of St. Stephen, the conversion of Cloeri to those of St. Clotilda, the conversion of St. Augustine to those of St. Monica, the conversion of many pagans, sinners and heretics to the fervent prayers of many little Crusaders. You know, St. Theresa of Child Jesus has become the patroness of the missions; without even once leaving her convent, she obtained the conversion of numerous infidels.)

(b) Communion

Be an apostle also by communion. You are never so much united to our Lord as at the time of communion. Therefore at that moment make known to Him your plans of apostolate; ask Him to inspire you what is to be done and what is to be said. Then increase the number of your apostolic communions. Communicate for others who do not, make the whole world share in the graces of one communion. Now tell me some intentions for which you can offer them.

The conversion of sinners, the salvation of pagans, the triumph of Holy Church and of its chief, the spreading of the Eucharistic Crusade, the deliverance of souls from purgatory, that there may be many holy priests, religious, and apostles of Catholic Action.

(c) Sacrifice

The third means of apostolate is sacrifice. It is by the word that souls are instructed. It is chiefly through suffering and sacrifice that souls are saved.

"What did Jesus do to save souls?" a crusader was once asked. "He made Himself suffer" was the reply.

After the example of Jesus, let us in our turn learn to suffer either by accepting or by voluntarily little sacrifices.

We gauge the value of a thing from the price we paid. The price of a soul? Ask Jesus crucified on Calvary. The

price of a soul - ask the devil who spends all his time, all his cunning for its perdition. Well, then sacrifices are the gold coins that are necessary to buy the repentance of sinners, the conversion of pagans, etc. Along with these so very important means of apostolate, and after having practised them, little apostles should try to practise the direct apostolate.

(d) Words

Should you go and preach as the priest? No, we would not be able.

Not only that, it is not your business. Some of you may perhaps do that later on. Yet even now, you can say a word to a companion to bring him to the catechism or to a boys' union. Teach him to offer his days like you, to make sacrifice. You can take him with you for a visit to the Blessed Sacrament, induce him to communicate with you, you can go in search of such companions. If you have a great love for Jesus you will find it easy to speak of Him; you will repeat His cry of



distress on the cross "SITIO" - "I THIRST FOR SOULS" You will speak to Him of your joy in being a crusader, your desire to increase the number of crusaders in your group.

(e) Action.

A little Crusader when asked what the apostolate was, replied: "It means advertising Jesus." When merchants wish to improve their business, they advertise. In newspapers, leaflets, posters at street-corners, everywhere you find their goods advertised. At first you merely glance at them; but by and by having read them so often that you know them by heart, you go and buy simply through curiosity. The little crusader who wishes to be an apostle can use the same means. Is not his Jesus greater than any other imaginable? Therefore the crusader will neglect none of the devices that will make Jesus known, he

will circulate good newspapers, and prevent the circulation of bad ones; he places himself at the disposal of his parish priest; he will advertise Jesus by his example.

(f) Example.

(Make our life speak)

For we should be apostles also by example. A crusader is one who makes other desirous to be crusaders too; and that solely by means of his outward appearance, his good manners, his kindness, his looking so very happy. Jesus who dwells in you should radiate through you. Your presence should be such as to suggest one of the beneficent apparitions of Jesus. If your presence is an inducement to do good, how much more powerful will your actions be! What do you do to teach your little sister to write neatly?

I write a model at the top of the page. If the model is crooked would your sister write well?

No, her writing also would be crooked. Now, my little children you should be examples to others and go straight to your duty, so that looking at you, they too do as you do and not take crooked ways.

In a pastoral letter of Mgr. Rumeau, there was this sentence: "Make your life speak." Bear this well in mind. Often you will not find anything to say, and there are many who are afraid of speaking, but your love will speak for you. On the roadside, you have sign-posts which show the way. You my little Crusaders, should be the sign-posts of God in this world. Show by your example the way that leads to Him. When without your imagining anything others will see you so well behaved, obedient, obliging, charitable, pious and joyous, they begin to love Jesus who makes you so good. And perhaps, your parents, if they do not go to church, when they realise wherefrom you draw the strength to keep steady into your good resolutions, may come back to God, whom they have misunderstood.

A STORY: During the war, there was a young Jew in the French army. His French comrades used to look askance at him and teased him with thousand tricks.

But Pimp, the corporal, who commanded them, was a very good Christian and used to give to his comrades part of the presents he was receiving, and used to speak kindly to everybody. One day, the Jew was seriously wounded; Pimp crossed the enemies' lines and went to look for him. The wounded man said to him: "I want to confess. I want to love God who makes you so good." Pimp was surprised. He had not said or done anything extraordinary. But his life had been a living example of charity. So he baptized him, and carried him on his back. By the time they reached the French lines, the young Jew had died and gone to heaven.

You will not go to the war; but you can be another Pimp; you can make others love the good God who makes you so good.

VII

JOYS OF THE APOSTOLATE

"It is better to give than to receive"

The crusaders often achieve success in their endeavours, and that is what makes them joyful. Thanks to them, how many conversions have been effected! how many sinners have been pardoned!

Do you wish to have some examples? Oh! Yes (Read from the Revue Rose or some such book a few telling incidents). It is now yours to work like these and be happy in thought that the souls whom you conquer will in their turn do good to others. A little act of apostolate is like a snowball; one can never say in this world where the good started by it is going to stop. Let us seek out as many souls as possible to gain to Christ.

"If we knew what a soul is," said Lacordaire "how entrancing its beauty, we would be besides ourselves with happiness at the thought of being able to do good to it." And this is what that little Crusader had fully realized when he said "After I have tasted the joy of souls, every other joy is tasteless." But the best reason for our joy must still be this: You have given pleasure to Jesus. "As long as you did it to one of these my least brethren, you did it to me."

VIII

"THY KINGDOM. . .

The meditation of St. Ignatius

Let us end with a story, or rather, a meditation which has been left to us by the great St. Ignatius.

Suppose a king tells his subjects: "My desire is to conquer all the land of the infidels. Come with me. I shall be at your head. All that you do, I shall do with you." What should the subjects reply?

Present! Here we are! It good of you to share our fatigue and our suffering.

My dear Crusaders, Jesus, your king, makes the same request to you: "I wish to convert all the infidels. I am at your head, in your midst. Let him who comes with me, follow me in the labour that in the end he may follow me to heaven."

What answer will you make? Can He depend upon you?

There are many ranks in an army: officers and privates; there are many posts: aviators, telegraphists, cavalry men, escortmen, cooks, and all are useful and all share in the victory.

In the service of God also there are many and various posts. Some, His priests who are very near Him, are called by their ministry to deal directly with souls. Listen attentively to Jesus when He speaks, and if He says: "Come close to me," then, you too will leave all to serve Him, to be His priest for life.

But in his army Jesus needs laymen also, even to be officers, apostles. He calls you too, you who will be neither priests nor religious. He needs devoted souls who will promote all religious organizations. Eucharistic Crusades, Catholic Action, etc.,) who will make God loved in their families. What will you answer Him? Do you wish to be at the post of danger of the chosen soldiers close, quite close to Him. Yes, Yes. . . . If so you may ask Him to select you as His Apostle.

IX

WATCHWORD

To be an apostle for God's glorification and the salvation of souls. All stand up. . . all of you with folded arms and eyes closed, so as better to see and hear Jesus who speaks in our heart.

Let us tell him in a whisper: I want to be an apostle this very day, I won't wait till tomorrow.

Still in silence let each one specify before God the following.

"I shall be an apostle chiefly by prayer. . . or communion. . . or sacrifice." Then in a loud voice, let us all say together: Eternal King, I wish to be one of Your own. (Make the Crusaders repeat each sentence). . . to be at Your service, in the way you will choose. Rely on me; I shall be a true soldier, not an average one; I shall be of the elite to follow you very closely to be conspicuous in your service. . . and I have no other aim than to make you loved.

"Help me; keep me your own for ever. . . Amen.

"Queen of the Apostles, Pray for us (Thrice).

QUESTIONS

- 1) Why did God become man?
- 2) What was Christ's work on earth?
- 3) Why does He want helpers?
- 4) What is an apostle?
- 5) Should you too be an Apostle? Why?
- 6) What are the qualities of an Apostle?
- 7) How do you keep in Christ's love?
- 8) How do you keep pure?
- 9) When is one called: Kind, truthful, humble, faithful?
- 10) How are prayer, communion, sacrifice means of Apostolate?
- 11) How are souls won by words, action and example?
- 12) Why do we feel happy in trying to be Apostles?
- 13) What should be our answer to the Divine King's Call?

THE
IMMACULATE CONCEPTION

DO all our young Crusaders understand the meaning of those two words? Immaculate means pure, spotless, undefiled: Conception, signifies the first moment of man's existence, when God does join the immortal soul created to his image and likeness to human flesh. These words applied to our Lady mean that from the very first instant of her existence our Heavenly Mother was pure and spotless, she had no sin, she was God's at all times. This is truly a very great and unique privilege considering that all men are conceived with original sin. The sin of Adam, which is a sin of the human nature, is something that accompanies the conception of every man. No one is exempted from it. Only our Blessed Mother in view of the merits of Christ, whose mother she was to be, was providentially conceived without original sin.

I know these words are of difficult to understand, but the meaning of the beautiful feast of our Lady that we are going to celebrate on December 8 can be grasped by all. On the occasion of her apparition to Saint Bernardette Soubirous our Lady deigned to manifest herself clothed in white raiment, a blue sash girding her waist, and a rose on each of her feet. She had a long rosary in her hands and she was moving her lips as in prayer.



Then to the astonished girl she said these impressive words, "I am the Immaculate Conception." This truth of our Faith had long been believed by the faithful of all generations; in many places the feast of the Immaculate Conception was kept with solemnity even from the seventh century of the Christian era; it was however reserved to Pope Pius IX to proclaim this truth a dogma of our Faith, and to extend to the whole Catholic world the celebration of this feast. Our little Crusaders should know that in Europe and even in Ceylon the Immaculate Conception is a holy day of obligation. From this they can judge how important it is.

If we truly love our Lady we shall greatly rejoice with her for the signal grace bestowed on her by God. This is indeed a feast of pure love in which there is the least personal interest. When we honour our Lady under other titles it is always with a view to our advantage that we pray to her, as when we pray to our Lady of Perpetual Succour, to our Lady of Good Counsel. In celebrating the feast of the Immaculate Conception we rejoice with Our Lady because we see her so spotless and so dear to God from the very first instant of her existence. The gifts of the mother are the glory of her children. Let us rejoice with Mary from the bottom of our hearts. Let us sing to her with our mother the Church:

"Thou art wholly beautiful, O Mary, and the original stain is not in Thee.

Communion

MY FLESH IS MEAT INDEED?
AND MY BLOOD IS DRINK
INDEED?

HE THAT EATETH MY FLESH AND
DRINKETH MY BLOOD ABIDETH
IN ME AND I IN HIM.

AS THE LOVING FATHER HAS
SENT ME AND I LIVE BY THE
FATHER.

SO HE THAT EATETH ME, THE
SAME ALSO SHALL LIVE BY ME

(St. John Chap. VI).

Do you wish to have a beautiful day to offer to Jesus? Yes. So what will you do to make it very beautiful? How can you enrich it?

By prayer...

By sacrifice...

Better still... By Jesus Himself;

By Jesus who will pray and sacrifice Himself with you, or rather you with Him.

What is it that will place Jesus in you?... COMMUNION.

Communion is the third weapon of the Crusader and it is the most excellent, for the Pope has said so.

(Allow the children to repeat the words of the Pope or help them a little.)

"Prayer is good, Sacrifice is better, Communion is the best."

I.

WHAT IS COMMUNION.

It is receiving Jesus in one's heart.

Communion is "the best," because Jesus comes within us.

Do you remember Jesus' visit to Zaccheus? (Recall the gospel scene in a lively manner)

Can you regret not having been Zaccheus?... No.

Why?... Because through Communion you have a happiness far greater than his. Jesus comes not only to your house as to his, but to your heart to give you his life.

Listen to the beautiful story of the Last Supper. (Give a short meditation).

Fix the imagination of the Crusaders by describing the Cenacle. Make them see our Lord and His disciples, and study their inner feelings... those of Judas contrasted with those of John who leans on the breast of the Master. Had I been there what would have been my dispositions? Describe the scene of the washing of the feet... the lesson of the inconceivable humility and charity preceding the institution of the Holy Eucharist. (How do I usually prepare for my Communion?)

And afterwards what did Jesus do? What did he say?... He added, "Do this in remembrance of Me."

Since that day the apostles and their successors... viz. the priests... have the

power to change the little host and the wine of the chalice into the Body and Blood of our Lord Jesus Christ. At what time? Do you know?

During the Mass, at the time of Consecration, when the priest repeats the words pronounced by our Lord at the Last Supper on Maundy Thursday.

And the Jesus of the Last Supper is the same as the one who created heaven and earth, the Jesus who was born in a stable and was nailed to a cross... the same who comes on our altars and conceals Himself in the tiny host.

He conceals Himself, for were we to see Him, we would not dare to approach Him, so beautiful, so great is He.

He is there, the little Child of Bethlehem; He wishes to give Himself to us in Holy Communion; He waits for us.

II

WHY RECEIVE COMMUNION

1st. To fulfil the desire of Jesus and the desire of the Church. As Jesus waits for us, what must we do?

We must go to Him, open wide our hearts to him that He may take his abode in it. Let Him be the sole Master, the sole King.

Go to Him with joy. If you were at the Crib and the Blessed Virgin placed the child Jesus in your hands, how lovingly you would embrace Him! But in communion you get more than that, Jesus is in your heart and gives you His life.

For the crusader Communion must always be a feast. Guy de Fontgalland used to say "It is always a feast for child Jesus and His Guy to meet each other."

When you love some one much, you enjoy being with him? Isn't?

Oh! Yes.

When your mother is travelling and you are away from her for some time, are you not anxious to see her back? Yes.

Our Lord in heaven is far away from us who are on earth, and when two love each other much, living apart is sad, sad indeed. Therefore Jesus who loves us much has found out this device for meeting us. He remains in heaven but by an act of his power He is also

In the Holy Eucharist

Then to please him, what must we do?

We must receive Communion.

Who else desires much that we receive Communion?

The Church.

Which is the Pope who said, expressed his wish that we should communicate often and even when very young?

...Pius X (speak of the decrees of 1905-1910).

2nd. To feed on Jesus.

Now, one question, how many lives have you got in you? Two, that of the body and that of the soul.

What do you do to preserve the life

of the body, to grow and to be healthy? ... We eat.

Also to preserve the life of the soul, the life of grace, you require nourishment. But as that life is divine, the nourishment too should be divine. That is Holy Communion. Through it Jesus becomes the nourishment of our souls; without it we cannot live.

EXCEPT YOU EAT THE FLESH OF THE SON OF MAN AND DRINK HIS BLOOD, YOU SHALL NOT HAVE LIFE IN YOU." When we do not eat sufficiently we become weak, there is the danger of catching all diseases. If we do not communicate pretty often the soul too becomes weak, and at the first temptation we tumble to the ground. That means: Sin. To prevent this we must communicate, and if the soul is already weakened we must communicate oftener still. What do we do when we fall sick?

We have ourselves nursed, we take medicines.

Well, Communion is the medicine and at the same time the nourishment of the soul.

3rd. To unite ourselves to Jesus that He might transform us into him.

When a Crusader has received Communion, he becomes one with Jesus. He is with Him, in Him, and carries Him to his house. When at home he works, he fights together with Him, he does not fear anyone for he has enough strength to fight the enemies of Jesus.

"He gives a bit of His life to me."

A Crusader used to explain the action of Jesus in him through Communion. "He gives me a bit of His life, of His patience, His meekness, of His obedience, of His generosity."

When alone one feels sometimes disheartened at the sight of daily struggle, the sacrifices look impossible, but with Jesus courage returns, with Him we can do everything.

Also, you need not envy the children of Palestine, who could talk with Jesus, crowd around Him, and ask for His blessing. You are more privileged than they. Jesus unites Himself so closely to you that He lives in you, and transforms your life into His, and you can say with St. Paul:

And I live, now not I, but Christ liveth in me."

III

WHAT DO WE LOSE BY NOT RECEIVING HOLY COMMUNION

If by Communion we put in our own self divine life, every Communion we omit means so much less of divine life in our soul, and that for ever.

Never omit Communion when you can receive it; be fully convinced that one Communion less means less glory, less love for the whole of eternity, loss that affects God, the good of souls and your own self.

(Continued on page 6)

Adoration Hour

(HOLY THURSDAY—APRIL 10)

The Institution of the Blessed Sacrament

And as they were eating, the same night in which He was betrayed, the Lord Jesus took bread, gave thanks, and blessed, and broke, and gave to the disciples, and said: "Take ye, and eat. This is my body which is given for you. Do this for a commemoration of Me." And likewise taking the



chalice, after He had supped, He gave thanks and gave to them, saying: "Drink ye all of this. For this is My blood of the new testament which is shed for many unto remission of sins. This do ye, as often as ye shall drink, for the commemoration of Me."

Dear Saviour, I come to assist once more at the institution of the Blessed Sacrament. I shall try to make to myself a picture of the Last Supper—the twelve apostles seated at table with You. I see You taking the bread, blessing it, breaking it and giving it to the apostles, saying to them with much love and tenderness "Take ye and eat."

Adoration

First Thought. Of all the gifts God has given us the greatest is His own beloved Son, who became a man, taking a body like ours. For thirty-three years He lived with us; for thirty with His parents, a quiet life, full of hard work, obedient to His parents, but unknown to men; for three he lived a public life, teaching men, consoling them, curing them and restoring the dead to life. At last the people whom He had taught and helped crucified Him.

Second Thought. Jesus died for us because He loved us very much. He had to leave this world, but He did not wish to leave us orphans, and so He found a way of remaining with us always. That way of being always with us is the Blessed Sacrament. When we receive communion, He comes into our souls, and when He comes He brings us His gifts—peace, joy, and grace to be good and to love Him always. Once on the mountain side He had fed the people by multiplying loaves and fishes. Now He feeds us with His own flesh and blood.

Let us Pray

O Jesus, I adore Thee really present in the Blessed Sacrament. Thou hast loved me very much and kept Thy promise that I too may receive Thee daily. Jesus, teach me to love Thy gift, to have more devotion to the Blessed Sacrament.

Thanksgiving

First Thought. On the mountain side when He fed the five thousand, Jesus made a promise, "I am the Bread of Life. Your fathers did eat manna and are dead: he who eats this Bread shall not die for ever and the Bread that I shall give you is My Flesh for the life of the World." At the Last Supper Jesus kept His promise He

blessed the Bread and Wine and said, "Take ye, and eat, This is My Body. Take ye and drink, This is My Blood."

Second Thought. How carefully Jesus prepared for the Last Supper. He sent Peter and John to prepare beforehand the hall, and He gave them full instructions as to how they should do this. Peter represents faith and John is the disciple of love. Faith and love are the two virtues most necessary for the perfect adoration of the Blessed Sacrament.

Let us Pray

How kind and generous Jesus you have been towards us! How shall I thank you for Your kindness to me. You have given us a wonderful Sacrament. This Sacrament always reminds us of the love You have for us, and of Your Passion and Death for us. Jesus, teach me to thank You ever more and more.

NOTICE

THERE IS NO ISSUE
OF THE
EUCHARISTIC CRUSADE
FOR MAY

Reparation

First Thought. How much Jesus has loved us we can know by this. Many men never receive Him, never even visit Him; others receive Him with cold hearts, or with sin in their souls. Sometimes He has a beautiful and big church to shelter Him, at other times, He has only a small hut. But He is always with us, because He always loves us.

Second Thought. We too have offended Jesus. How often have we not been careless in our duties: our prayers, Mass and Communion, confession and rosary; lessons and other duties; how often, disobedient to our parents and superiors, disrespectful to our elders, and unkind to companions. Yet Jesus has loved us and loves us, and the moment we enter the

church we feel the peace of Jesus around us.

Let us Pray

Jesus, my friend, I am very sorry for all the sins I have committed, because they offend Thee. I am especially sorry for neglecting You in the Blessed Sacrament. I promise Thee I will never more offend Thee; more particularly will I try to grow in devotion to Thee in the Blessed Sacrament.

Impetration

First Thought. Jesus instituted the Blessed Sacrament because He knew that all of us wish to have a friend who loves us always and who is always with us. Our earthly friends are not steady, often they are selfish. But in the Blessed Sacrament we have Jesus as our friend Who will never leave us, even though other friends leave us. He offers Himself to us every day in communion, and keeps near us when we are dying. Thus, by the institution of the Blessed Sacrament, Jesus is always with us.

Second Thought. The Holy Eucharist is our food in this life. But remember Jesus has made the Holy Eucharist a promise of future life also. "I am the Bread of Life... he who eats this Bread shall not die for ever."

Let us Pray

Jesus, I adore Thee and thank Thee present in the Blessed Sacrament. Be Thou my friend always and grant that I may always keep close to Thee by loving Thee, by doing Thy will faithfully. O Sacred Heart of Jesus, I offer myself entirely to Thee,

(Continued from page 5).

Look at these four persons in the act of receiving Communion. One is a grown up person, the other a child, one is rich, other poor. In a few years their bodies will be turned into a handful of dust; nothing will remain of their wealth. But the divine life which the tiny Host has brought to them will be their wealth and their happiness for ever. OH! how careful one should be never to omit Communion out of negligence!

Communion

IV

WHEN SHOULD WE RECEIVE HOLY COMMUNION?

Every Day if we can.

Such being the case, dear little children, answer yourselves.

My children when should we Communicate?

Every year?... Every month?... Every day?...

Listen well, you have learnt in the catechism that only one Communion a year—in the Paschal season—is obligatory; that is quite true. That is enough to be free from mortal sin.

But tell me, a child separated from his father whom he loves much, will he be satisfied if he visits him only once a year, when he has opportunities of doing so every day?

Tell me again: if you were to take only one meal every month, or even every week, would you have strength to do your work, would you be keeping good health? Would you have in you a vigorous life, or would you not be in great danger of death?

But unhappily there is not a sufficient number of Christians who nourish themselves on Jesus every day they can. But you whom He loves so much, of whom He has said, "Suffer little children to come unto Me," you who form the Crusade and bear the glorious title of CRUSADERS OF THE EUCHARIST, will you also disappoint Jesus as so many of the grown-ups do? Do you now understand what the rule about Communions is for a Crusader? When will he communicate? Not precisely once or twice a week, not precisely every day, for that depends upon the convenience of each one; there are some who may be prevented by health, or by too great a distance from the church, or by their parents. But the rule for all shall be to communicate whenever they can, as often as they can. And you know how often you can. How often do we find that one can communicate much more frequently than he imagined at first!

How many Crusaders there are who communicate every day, even among those who live far away from church, or study in non-Catholic schools!

V

HOW SHOULD WE RECEIVE HOLY COMMUNION?

How should we receive Holy Communion? Here too the catechism gives you instructions about the necessary dispositions of body and soul.

To-day we shall consider only the dispositions of the soul. The Holy Father Pope Pius X said that for a good Communion two things are necessary.

What are they?

The State of Grace, and a Right Intention.

Everybody knows what state of grace is. Isn't it? (To be free from mortal sin).

This is not difficult, for we never commit mortal sin, unless we really want to do so, but even if this misfortune has befallen us, what is the remedy?... to go and make a good confession.

...and what is a right intention?

To those of you who have begun geometry I ask: Tell me what is a straight line?

...It is the shortest way from one point to another.

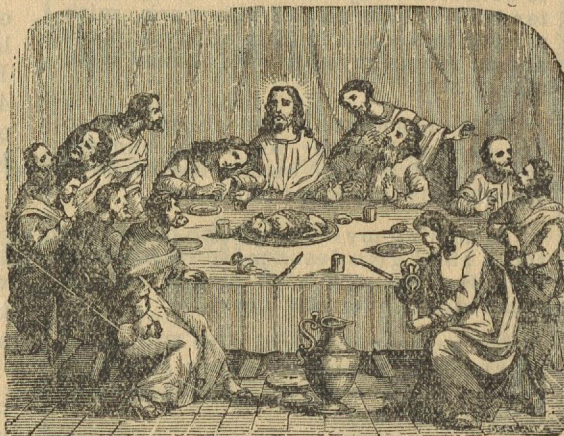
...Similarly, right intention is the shortest way to go to God. And what is the shortest path?

...It is love and desire. Go to receive Jesus because you love Him much—with a great desire, a great hunger for possessing Him, in your heart, for the days spent without receiving Him seemed to you very long... this is the best disposition.

If we eat because God wants us to eat so as to be able to live and not to die, and be able to grow:—This too is a right intention.

Preparation

The desire of Jesus and of the Church is not only that you communicate often, but also that you communicate well.



Good Communions are those well-prepared

HOW TO PREPARE FOR COMMUNION?

By performing well the duties of our state of life. Every action of ours well performed makes the best of preparations for receiving Jesus in our souls.

The Blessed Virgin prepared herself to receive Jesus by saying "Behold the handmaid of the Lord." The Crusader says "Yes" to all that Jesus wills. Lessons well-learned, homework well-prepared. A motive of love guides the Crusader's whole life.

Sacrifice also is normal preparation for a Crusader's Communion.

Jesus comes to us through the sacrifice of the Mass; is it not natural that we too should have some sacrifices to offer Him when we go to Him?

Communion in spite of difficulties

And sometimes have we not the occasion to make sacrifices even by overcoming the obstacles that prevent us from receiving Communion? Can you mention some such obstacles?

Yes, for instance, the church is too far—parents object: Mass is early or too late—inability to fast.

Some of these difficulties are good reasons to omit Communion, but others are not, and must be overcome.

The difficult Communions are the good Communions (Give a watchword for vacations: *to remain faithful to difficult Communions.*)

To say: it is difficult? Just what I want is to be crusader-like.

Always remember that difficult Communions please Jesus much; for, they require much love. (Read out some extracts from the Crusade bulletin or some other book to show what efforts children have to go to Communion. See *Eucharistic Crusade* April-May 1941, page 7, 8.)

Thanksgiving

When Jesus is in your heart, what will you do? Remain with Him for some time. Speak with Him very affectionately as you speak with your father, your mother, or your friend. Do not leave Him too soon, for He is there only for your sake, and as long as He is there, He can give you His favours and His life.

(We may narrate the story of that lady who always used to leave the church immediately after Communion. One day, the parish-priest sent two altar boys with lighted candles to accompany her, in order to remind her that the Eucharistic Christ was still in her).

To explain thanksgiving to children

One can make use of "L'action de Graces avec Jesus" of M. L'abbé P.—J Granereau, (Editions Publiroe 53, rue Thiers, Marseille.) and for those more advanced, "L'Action de Graces avec le Coeur de Jesus" by "Père Villefranche," or "Actions de Graces" by Pere Maraux (both available at our offices.)

VI

SPIRITUAL COMMUNION

What should we do when we are deprived of Communion for some reason, for example, because we are sick, or the parish priest is absent, or we have not yet received the great favour of making the First Communion or for some other reason?

Or again after having once received Communion, because of our great love for Jesus, we would like to communicate once more at noon or in the evening. Would that be possible?

...Yes...No...

...No, it is not allowed to communicate more than once a day sacramentally, that is, through the reception of the sacrament of the Eucharist. But it is allowed, it is, even excellent, to receive Communion often during the day every hour or oftener if one so wishes, through spiritual Communions, that is, through Communions of the spirit, through Communions of desire.

How to make Spiritual Communions?

It is not difficult, and does not take much time. In any place whatever, at

(Continued on page 11)

(Continued from page 7).

school, at home, or on the way, we can think of Jesus. We recall to our mind that He is in the tabernacle, in the church, that He thinks of us, and we say to Him silently 'My Jesus, I too think of you; come to my heart through your grace.'

The exact wording of the formula is of little consequence provided it be an act of faith and of desire. It is clear that this can be said without anybody's noticing it, almost without interrupting your work or your game.

Why make spiritual Communion?

Because as they are proofs of our love for Jesus, they please Him greatly, and because they obtain for us abundant graces. One day our Lord appeared to a great saint, holding in his hands two vases, one of gold and the other of silver, and He said: "In the gold vase I keep all your sacramental Communion, and in the silver vase all your spiritual Communion. You know that silver is less precious than gold, but it is precious all the same." Spiritual Communion should be made as often as we can. For they also enrich us greatly, and we should never allow a day to pass without making them several times. (See *Eucharistic Crusade*, October 1940 page 6).

VII

WATCHWORD

Communicate daily if possible.

Communicate to give pleasure to Jesus.

Communicate to receive the life of Jesus.

Communicate to obtain strength for self-conquest.

Communicate to unite yourself to Jesus, so as to become the tabernacle where Jesus dwells, the monsternace whence Jesus radiates Himself, the ciborium whence Jesus gives Himself.

QUESTIONS

- (1) What is Holy Communion?
- (2) When did Jesus Christ give us this gift, and how?
- (3) Why does Jesus desire us to receive Him?
- (4) How does He feed our soul?
- (5) How does He change us into Himself?
- (6) How often should a Crusader receive Holy Communion?
- (7) Should a Crusader give up Holy Communion on account of difficulties?
- (8) What is required to make a good Communion?
Explain: State of Grace; Right Intention; Acts before and after.
- (9) Can we receive Jesus oftener than once a day?
- (10) How would you make a Spiritual Communion?
- (11) When can we make a spiritual Communion?

(Continued from page 3)

of worship and ceremonies are external manifestations of that loyalty. The state does not interfere with opinions and speculations, as long as the practical conclusion is that laid down by the government. For the only orthodoxy is the scrupulous observance of the rites and the acknowledgement of the divinity of Japan and of its gracious sovereign.

A Japanese can be, therefore, both a Buddhist and a Shintoist at the same time, though he has to be a Shintoist. From the description given above it will be seen that Shintoism is more civil than religious, religious Shintoism has diverged from civil Shintoism. The Japanese themselves have recognised this divergence and since Shintoism is a matter of obligation as many as 19,000,000 of them have given up Buddhism.

This has its importance for us Catholics. Shintoism has become so identified with patriotism and nationalism that the cult of men who have distinguished themselves in the service of the country bears no semblance of a religious rite. Hence the Holy See has decreed that Catholics can be present at Shinto civil ceremonies. This is expected to smoothen the way for the conversion of the Japanese.

THE CATHOLIC DIRECTORY OF INDIA, BURMA AND CEYLON

The new edition of this by now familiar and well-known *Directory* is an improvement over the earlier editions as well in get-up and appearance as in the information it places at the disposal of the readers. Not that there are no inaccuracies and omissions. But the editors of the *Directory* invite its users to review it: to point out the mistakes, to make suggestions for improvement, and to say which section they find most useful—a service and an act of kindness which we hope those concerned will hasten to render.

For the *Directory* is of an all-India usefulness and a means of knowing something of the Catholic Church in parts of India other than our own. In the changing conditions of our times, it is well for us to think of India as a whole. Knowledge will help co-operation, so necessary for us at the moment to present an united front against our enemies and to press our demands. And the *Directory* which helps in its little way to increase our knowledge must be welcome and must be encouraged.

The *Directory* is an ecclesiastical one, but the layman will find it instructive, informative and useful.

We would gladly see in the next edition a list of Catholic periodicals and magazines published within the area covered by the *Directory* and the total numbers of members in the religious orders and congregations listed towards the end.

Attached to the *Directory* is a sketch map showing the dioceses and ecclesiastical divisions

Apply

Good Pastor Press,

2, Armenian Street, George town,

MADRAS.

The Students' Hymnal

For the use of

Catholic Schools and Colleges

Price 5 annas (with 100 blank pages at end 6½ annas)

The war now raging in Europe is brought home to us in little inconveniences. One such inconvenience, the publishers of this Hymnal remind us, is the difficulty of finding foreign books. Hence they have made this collection of 200 popular hymns arranged under eight headings (Hymns at Mass, At Communion, To the Blessed Sacrament, To the Sacred Heart, To Our Lady, To the Saints, Christmas Hymns, Varia) with an Appendix containing the Litany of Loreto, Sung Parts of the Mass, Requiem Mass, and the Order of

Burial. The collection is based upon the Notre Dame Hymnal, handy in size and low priced. It is a collection of hymns without the music, which can be found in other Hymnals published by the same Press, e. g. Cantate Domino, of which a new edition with a supplement of Crusade Hymns, is nearing completion.

Apply

The Godialbail Press, Mangalore.

St. Joseph's Asylum

INDUSTRIAL WORKSHOPS, MANGALORE.

(CHARITABLE INSTITUTIONS)

Established 1883.

MODELLING & ART DEPT.

STATUES
in terra-cotta & wood, Monuments,
Altars, Table tops in Carrara &
composition marble.

MOTOR GARAGE

Repairs of
CARS & BUSES
Charging Batteries and
Spray Painting.

AWARDED GOLD & SILVER MEDALS AND CERTIFICATES OF MERIT.

LOW PRICES - Satisfaction Guaranteed.

All profits go to the maintenance of
TWO ORPHANAGES, A FOUNDLING HOME AND HOME FOR THE AGED.
Present 358 inmates.

Apply for information, estimates, etc. to

The Manager, St. Joseph's Industrial Workshops,
KANKANADY P. O., MANGALORE, South Kanara.

MECHANICAL DEPT.

Iron & Brass Founders—Makers of
Ornamental Cast Iron & Wrought
Iron Railings, Gates, etc.—Electrical
Welding & Cylinder Boring.

LEATHER DEPT.

Manufacturers of
All kinds of Boots & Shoes
HAND-BAGS, PURSES,
SADDLERY, etc.

FURNITURE DEPT.

CABINET MAKERS,
Church Articles a Speciality

Lessons

ON THE APOSTLESHIP OF PRAYER EUCHARISTIC CRUSADE

This is a series of five lessons on the Eucharistic Crusade translated from the French of Fr. Zeij, Delegate Director of the Apostleship of Prayer by Rev. M.

Thekaekara, S. J. They have been published in several European languages. If there is a demand for them, they will be republished in book form.

My dear children, I am going to explain to you the meaning of the Apostleship of Prayer and the Eucharistic Crusade. But I want your help; I shall put you a few questions, and shall write on the blackboard the answers you give.

So, we begin.

—Who can tell me the number of men living in the world at present?

—Two thousand million.

—Good, we shall write it down:

2,000,000,000.

—You know that our Lord was born in...

—Bethlehem.

—And He died on the mount of...

—Calvary.

—He died for all men. He does not want anyone to be damned and go to hell; He wants all to be saved and to go to heaven.

And, to secure that end we must be good Catholics; we must fulfil the will of God and observe His laws.

Now, tell me, how many of these 2,000 million are Catholics?

—About 400 millions.

—So, we write:

**2,000,000,000 men,
400,000,000 Catholics.**

—Now we shall make the subtraction, you dictate to me the figures.

—Zero, zero, zero, zero, zero, zero, zero, zero, six, one.

—Now read the whole,

**2,000,000,000 men,
400,000,000 Catholics
1,600,000,000 non-Catholics.**

—So you see, there are a large number of non-Catholics; unhappily, there are also a good many Catholics who forget our Lord after their baptism or their first Communion; they lead a bad life, and do not observe the commandments.

We should pray that bad Catholics may become good and that non-Catholics may be converted.

Prayer is required because without God's grace no one can go to heaven, and God's grace is obtained through prayer.

You know many prayers; don't you? Mention a few of them.

—The "Our Father," "Hail Mary," "Glory be..." the Apostles' Creed, morning and night prayers, the acts of faith, hope, and charity, the act of contrition, the *Angelus*, ejaculatory prayers, the "Hail Holy Queen."

—Don't you know some other kinds of prayer?

—Yes, Confession, Communion, hearing Mass, visits to the Blessed Sacrament, the way of the cross...

—Very good. But among all these prayers and practices there are two very important. Who can name them?

—"Our Father" and "Hail Mary"... The rosary and the *Angelus*... Mass and Communion...

—Stop! I hear one of you making a distinction between Mass and Communion; they are but one; Communion is only a part of the Mass.

You know that when your parish priest takes Communion to a sick man, he is giving him the Sacred Host which became the Body of our Lord during a Mass. At what part of the Mass?

—At the consecration.

—So, you see, Mass and Communion are but one thing. But I had said there are two prayers very important. Which is the other one?

Who can tell me? Nobody?... Well, I am going to tell you.

Listen! Suppose some years hence, when you are grown up, a Protestant were to ask you: "Are all the prayers which you Catholics recite of equal value?" You should answer that since all of them are approved by our holy Mother the Church, they are all good; but among them the best two are the "Our Father," and Mass and Communion.

And why so? Who knows?

—Because it is Jesus Himself Who taught them.

—You are right; and that is why good Catholics often recite the "Our Father" and try their best to hear Mass and receive Communion daily.

So we shall write down the names of these two prayers which are most efficacious to obtain the conversion of the world.

**2,000,000,000 men
400,000,000 Catholics
1,600,000,000 non-Catholics**
The "Our Father" Mass with Communion

—Now tell me how do you make out whether there is the Blessed Sacrament in a church or not.

—We see if the sanctuary lamp is lighted.

—That is right. Do you know in how many churches in this world our Lord remains night and day?

—A hundred thousand, perhaps...

—Alas, how often He is there alone and abandoned! In these tabernacles He never ceases to pray for us.

It would be good if we could pray with Jesus night and day for the conversion of sinners. But we cannot be reciting the "Our Father" from morning to evening. And, tell me, is it possible to hear Mass and communicate the whole day?

—No, it is not possible.

—But yet, we can pray continually for the conversion of sinners.

—How?

—When you get up in the morning, you make the sign of the cross, saying: "In the name of the Father and of the Son and of the Holy Ghost. Amen."

If afterwards you say devoutly: "Divine Heart of Jesus, I offer You through the Immaculate Heart of Mary my heart and all my day according to Your intentions," this means: "I wish to do to-day all that my parents and superiors want me to do; I shall do it with care and attention in order to obtain many graces for those who stand in need of them." Then, dear children, all your actions (even eating, drinking and playing) and all your words are turned into prayer; it is especially so if from time to time during the day you repeat: "All for You, Oh Heart of Jesus." So, you see, besides the "Our Father" and Mass and Communion, there is another means of working for the salvation of all men.

Now we write:

**2,000,000,000 men
400,000,000 Catholics
1,600,000,000 non-Catholics**
**The "Our Father" Mass with Communion
The daily offering.**

—But all this will not do. There is yet another means of obtaining very great graces from God.

Listen attentively. Our Lord has said: "Where there are two or three gathered together in My name, there am I in the midst of them."

So, if all of us, that is, children and their parents, young men and old, priests and religious, if all join together into some association for the honour of Jesus, and

(Continued on page 11)

Black-out for Coast towns and villages in S. Kanara.

ORDER UNDER RULE 52 OF THE DEFENCE OF INDIA RULES

Whereas the Government of Madras have in Public (War) Department Government Order No. S-21 dated 6th May 1941 ordered that the powers conferred on the said Government by rule 52 of the Defence of India Rules shall be exercised on their behalf by the District Magistrate, South Kanara, within his jurisdiction:

Now, therefore, in exercise of the powers conferred upon me by the said notification, I, M. V. Subramaniyan, I. C. S., District Magistrate of South Kanara, do hereby make the following order:

On and from the 1st of June 1941—

1. No light brighter than that emanating from an ordinary oil lamp or candle lamp shall be used in any building or part of a building or any premises appurtenant to such building or part unless it is so placed or is so screened by an opaque shade or by thick black or dark coloured material that no direct or reflected ray of light or glare emanating from it is visible from any angle outside the building; in buildings and premises with openings facing sea-ward direct even lights not brighter than that emanating from an ordinary oil lamp or candle lamp shall not be used unless so screened.

2. No light whether intended for decoration, advertisement or any other purpose shall be exhibited on the outside of any building or construction or on any plot of land.

3. All public lighting in any street or in any public place shall be reduced to the minimum compatible with the safety of the public and the traffic in such street or place, to the satisfaction of the District Magistrate or the Sub-Divisional Magistrate, Taluk Magistrate or Sub-Magistrate concerned or of any officer of the Police Department of and above the rank of Sub-Inspector; the general objective of this rule is that embodied in rule 1 above in regard to buildings.

4. No light brighter than that emanating from an ordinary oil lamp or candle lamp shall be carried or kept in any street or open place, whether public or private. Exhibition of fireworks is prohibited.

5. No light brighter than that emanating from any oil lamp or candle lamp ordinarily used on carriages or parts shall be carried on, attached to, or used on any vehicle unless such light whether for the time being alight or not has been so obscured as to diminish and diffuse it and make it incapable of producing any beam;

Provided that lights carried on, attached to, or used on motor vehicles whether for the time being alight or not shall be screened in the manner prescribed in the following rule.

6. (1) No light other than a white light shall be carried in front of a motor vehicle without special permission of the licencing authority.

(2) All rights capable of throwing a beam carried in front of a motor vehicle shall be screened in the following manner:—

A single sheet of thin brown paper shall cover the whole of the glass and a second sheet of thin brown paper shall be superimposed over the top half of the glass.

(3) No bulbs of more than 36 watts shall be used.

7. The Sub-Divisional Magistrate, Taluk Magistrate or Sub-Magistrate concerned and any police officer of and above the rank of Sub-Inspector may direct any person to dim, screen or obscure any light used in or in any building, premises, or land, or any vehicle so as comply with the provisions of this order; such direction may require such person to remove or extinguish such light if in the opinion of such officer such light does not comply with the provisions of this order.

8. This order shall apply to the town of Mangalore and to the towns and villages specified in the Annexure.

ST. PAUL.

(Continued from page 1)

Finding that his fiery eloquence made no impression on his own people, he resolved to preach to the Gentiles—the non-Jewish peoples. For many years Paul travelled from one country to another on the borders of the Mediterranean Sea. The untold dangers and persecutions he underwent, together with his zeal and perseverance in preaching and practising the Gospel, have made him the greatest missionary in the history of the Church. His journeys were very tiring, but his love of the Master made the impossible easy and sweet. We admire him for his bravery before his enemies, his intense active love of Jesus and his life of intimate union with Him, until the great day, when, with his friend and leader St Peter, he was led out, by order of Nero, to receive the crown of martyrdom in Rome. Thus began his glorious triumph with Christ, Our King, in the courts of Heaven.

Let us ask him to obtain for us a share in his generous love of Our Lord and in his great missionary zeal.

St. Paul—pray for us.

LESSONS

on the Apostleship of Prayer EUCHARISTIC CRUSADE

(Continued from page 7)

make the offering of the day, we shall then be united to Jesus, and shall draw down a large number of graces for the conversion of the world.

Let us form a pious association of all those who make the offering, and call it: "The holy Association of the Sacred Heart" or the "Apostleship of Prayer."

Two conditions are necessary to become a member of this association.

1st. To make the offering every morning.

2nd. To have one's name inscribed. This will make you belong to the Association,

enjoy its privileges, and gain the indulgences accorded to its members.

All those who promise to fulfil the first condition can be admitted as members of the Apostleship of Prayer.

Your promoters will see that your names are inscribed. But all true Catholics should give their names. Do you know any Catholic who has not done so yet?

Now I rub out what I have written on the blackboard. Next time I shall ask you to repeat it, and then shall explain to you a more things.

(From the French—M. Thekaekara, S. J.)

St. Joseph's Asylum

INDUSTRIAL WORKSHOPS, MANGALORE.

(CHARITABLE INSTITUTIONS)

Established 1883.

MODELLING & ART DEPT.

STATUES

in terra-cotta & wood, Monuments, Altars, Table tops in Carrara & composition marble.

MECHANICAL DEPT.

Iron & Brass Founders—Makers of Ornamental Cast Iron & Wrought Iron Railings, Gates, etc.—Electrical Welding & Cylinder Re-boring.

MOTOR GARAGE

Repairs of

CARS & BUSES

Charging Batteries and Spray Painting.

FURNITURE DEPT.

CABINET MAKERS,

Church Articles a Speciality

LEATHER DEPT.

Manufacturers of

All kinds of Boots & Shoes

HAND-BAGS, PURSES, SADDLERY, etc.

AWARDED GOLD & SILVER MEDALS AND CERTIFICATES OF MERIT.

LOW PRICES—Satisfaction Guaranteed.

All profits go to the maintenance of

TWO ORPHANAGES, A FOUNDLING HOME AND HOME FOR THE AGED.

Present 358 inmates.

Apply for information, estimates, etc. to

The Manager, St. Joseph's Industrial Workshops,
KANKANADY P. O., MANGALORE, South Kanara.

Lessons

ON THE APOSTLESHIP OF PRAYER

EUCHARISTIC CRUSADE

Second Lesson

HOW TO DO IT?

— Tell me, dear children, what I wrote on the blackboard last time. You dictate, and I shall write.

2,000,000,000 men
 400,000,000 Catholics
 1,600,000,000 non-Catholics.

The Mass
 "Our Father" — with Communion.

THE DAILY OFFERING

Suppose the promoter has given your name to be enrolled in the registers of the Apostleship of Prayer. What will you then receive? You will receive a card or a picture on which you will find your name and the signature of Fr. Director; this will be your diploma of enrolment.

Now the question is how you may become truly apostles of prayer. We will help you. Every month you will receive a leaflet.

Do you know what it is for?

I shall explain it presently.

Think for a while on the words of the "Our Father" and tell me which of them expresses exactly the end of the Apostleship of Prayer. Who knows?

— Thy Kingdom come.

— That is it. We shall write that petition here; it will be our watchword.

2,000,000,000 men
 400,000,000 Catholics
 1,600,000,000 non-Catholics.

The Mass
 "Our Father" — with Communion

THE DAILY OFFERING

THE HOLY ASSOCIATION OF THE SACRED HEART

THE APOSTLESHIP OF PRAYER

THY KINGDOM COME

— What is meant by this Kingdom of our Father Who is in heaven? Which is this Kingdom that extends over every part of this earth?

— The Catholic Church.

— Who is the King in this Kingdom?
 — Jesus.
 — And who is the visible representative of Jesus upon this earth?
 — The Holy Father.

— Very good. The Holy Father earnestly desires you to pray much for the conversion of the world, so that the Kingdom of God may be established everywhere. The more fervent our prayers, the more abundant will be the graces we shall obtain.

The Holy Father prescribes every month two intentions to be prayed for, one for Catholics, the other for non-Catholics.

These two intentions you will find printed on your monthly leaflet. So, in the Apostleship of Prayer the word intention means the end towards which the members should direct their prayers.

To this general intention each one may add his own intentions; all these would be included in the great intention of the Sacred Heart of Jesus: Thy Kingdom come.

So we write:

2,000,000,000 men
 400,000,000 Catholics
 1,600,000,000 non-Catholics.

The Mass
 "Our Father" — with Communion.

THE DAILY OFFERING.

THE HOLY ASSOCIATION OF THE SACRED HEART

THE APOSTLESHIP OF PRAYER

WATCHWORD AND GENERAL INTENTION:

..... Thy Kingdom come

..... } General intentions of the Pope.

..... } Particular intentions.

..... } Our own personal intentions.

Now that we have written all this, let us dwell for a while on the following point.

Suppose a child makes the sign of the cross as soon as he is awake, and offers his heart of Jesus, saying: "Divine Heart of Jesus,

through the Immaculate Heart of Mary, I offer You my heart and this whole day according to Your intentions." This would be a good practice, would it not?

But tell me, would it not be better if the child added these words: "I offer them in particular for (here he mentions the intentions of the Holy Father) and for the intentions of the members of the Apostleship of Prayer." Is not this form of offering more complete, more perfect than the first?

— Certainly.

— You are right. But what would you say of a child who from time to time during the day repeats with great love: "All for You, oh Heart of Jesus!"?

— His practice is most perfect; he offers himself completely.

Quite true; for by this means we are more intimately united to Jesus. We become better imitators of Him who is always making intercession for us sinners. By the offering of our pains and joys we unite ourselves to His Heart; and we obtain much greater graces for men who are far away from God. In one word, we attain the end of the Apostleship of Prayer.

Some might object that it is difficult to repeat before every action; "This is for You, Jesus."

Yes, it is difficult to some extent; but do not forget that God is always ready to help you with His grace. The Apostleship of Prayer will also help you; for example, to aid your memory, and to make you live more intimately with Jesus, you can have what is called "the Treasury of the Sacred Heart of Jesus." (Show the treasury leaflet.)

- Communions
- Masses
- Sacrifices

If I put down a mark after these words, it means that when Jesus was in my heart after holy Communion, I thought of offering this Communion for the intentions of the Apostleship of Prayer, or that when I made a sacrifice, I said to myself: "This is for the Apostleship of Prayer." You may also say, "This is for the intentions of my good Jesus."

So, you will put down one mark for each Communion, Mass or sacrifice offered with the intention of helping Jesus in his work of establishing His Kingdom of love over all the people of this world.

Keep in mind that there is no obligation to do this; not marking the treasury is not sin, nor will you be punished for it. So, if

(Continued on page 10)

The little drama left a deep impression, all were touched by it and Father Clement called the children about him and asked their prayers for a special intention of his.

OOTACAMUND

Nazareth Convent

THIS is our first letter to the Eucharistic Crusade this year but we do not intend it to be our last. We are now 16 altogether and have three Crusade Groups which are St. Agnes, St. Teresa and St. Tarcissius. We hope to get some more recruits soon. Our Apostolate is the Crèche which is attached to the Convent. During Lent we made sacrifices of our sweets and at Easter we had the great joy of giving pleasure to our little charges by taking the sweets up to them. We hope to send a photo of our group very soon. We are working hard this month to make the Sacred Heart known and loved among our school companions. We saw the film last week of the Eucharistic Congress of Madras and are now more than ever determined to be loyal and true to our Eucharistic King and by our example to bring our companions close to him.

ERNAKULAM, KALUR

St. Francis Xavier's Convent

WE little Crusaders of Kalur, now numbering 32 lost on 21-3-'41 one of our Crusade Sub-Captains V. J. Philly who died of typhoid fever after an illness of one month. She was studying with us in the Convent school till 1940, but after passing her elementary studies here she went to a lower secondary school to continue her studies. Though separated from us yet she was very regular in her weekly Crusade meetings and never did she omit her monthly communion and hour which is made in common by us.

During her illness she edified all at home by her patience especially when she was given injections which were very painful and frequent. At first she showed great reluctance in drinking medicine but when she was reminded that she was a crusader by Rev. Father Director, who often went to visit her she took it willingly for the love of Jesus. When ill, she often asked for Holy Communion; she was also very faithful in marking her little sacrifices in the treasury even during her illness. Two days before her death she received the last sacraments very piously and then awaited the call of Jesus very often repeating the Holy names of Jesus and Mary. A little before her death she called her mother who was by her side and said "Mother kneel down, see what a lot of beautiful Angels are coming with Jesus to take me to Heaven." With these last words, with a smile on her lips she sweetly

slept her last sleep at the age of 10. Her bereaved parents dressed her in her Crusade uniform with her treasury book in hand, and Crusade admission card. At 4 p. m. the same day we all dressed in uniform went to accompany her coffin to its last resting place reciting the rosary for the soul of our dear departed.

CATTIPARAMBU

St. Elizabeth's Convent.

THOUGH it is some time since we wrote to you, we have not forgotten our obligations. The First Friday and the fourth Sunday of the month in addition to big feasts of the year, are the days of our General Communion. On those days we receive Holy Communion dressed in our uniform. Every Saturday we have the usual meeting.

On Maunday Thursday, we, all of us had the privilege of kneeling quite close to the Altar of Repose. We kept watch near Jesus for half an hour in groups in the Convent Chapel. Some of us went in groups to the other Churches to adore Our Eucharistic King. For those who made Adorations at night, the Captains of our groups, had hot tea prepared. The expense was met from the Crusaders' Fund.

On Low Sunday, our big sisters, the members of the Students Missionary League had a play for the public, in which we also took part and the outcome of the concert was utilized to feed and clothe the poor.

On the Feast of Corpus Christi, twelve little Crusaders were enrolled in the army.

For the month of the Sacred Heart, most of us tried to assist at daily Mass. Moreover, as a practice for the month, an artificial

heart was made and placed in the class-room and for every sacrifice we were able to pull out a pin and repair and soothe the Heart of Our Lord for the sacrileges and outrages He receives. During the month, we tried to have the Enthronement of the Sacred Heart in four families.

LESSIONS

(Continued from page 7)

you mark the treasury, it must be done freely, out of love for Jesus, because you know that it is a better means of showing that you have given yourselves to him.

At the end of the week or the month you will give your treasury (without signing your name) to the promoter who will make the totals and send them to the Secretariate of the Apostleship of Prayer Eucharistic Crusade.

The grand totals for the centres are published in the *Eucharistic Crusade*.

Let us take the last number of the *Eucharistic Crusade* as an example, and read together the column about treasury:

"TREASURY"—Contributions to this treasury have been received from the following Crusade Centres

I Pray: Morning offerings
Decades of rosary (and so on)

Taking these few centres of India alone, we have such beautiful numbers; there are so many Communion, Masses, and other good works offered for the conversion of the world. And this beautiful work is carried on not in these centres alone, but in many others throughout the world, not for this month alone, but for every month.

Do you not like this form of apostolate? I know you do.

All we do in this is so beautiful! To pray for bad Catholics and for non-Catholics, to recite the "Our Father" often and with fervour, to hear holy Mass, to receive holy Communion, to make the daily offering, to belong to the Apostleship of Prayer, to have as our watchword: "Thy Kingdom come," to mark regularly the treasury in order to show that we are united to the intentions of the Holy Father—is not all this a splendid form of apostolate?

But this is not all. For the time being learn what is written on the black board; and we shall continue next time.

Before we disperse let us recite together the offering of the day.

(From the French—
M. Thekaekara, S. J.)

MAP OF INDIA

Showing the
ECCLESIASTICAL DIVISIONS
PRICE: ONE ANNA

Available at:

THE
GOOD PASTOR PRESS
2 Armenian Street,
MADRAS.

WHOOPING COUGH

Dr. J. F. Pereira's Specific is the only known CURE for this distressing complaint. Price Rs. 2/12/- a bottle and guaranteed to cure within 12 days.

None Genuine without our Seal and Regd. Trade Mark
(The Anchor) on the Box.

TEN PER CENT DISCOUNT TO ORPHANAGES AND CHURCHES.

ASTHMA CURE.—This Specific has created a demand by its wonderful efficacy. Try this and be completely rid of your Asthma. Rs. 4/12/- a bottle.

CHOLERA SPECIFIC.—An absolute cure for this scourge.—Always keep a bottle at hand in case of emergency. Re. 1/- a bottle.

FEVER PILLS.—No Malarial Fever can resist the marvellous curative power of these pills. Re. 1/10/- a bottle of 50 pills.

EMMINA OINTMENT.—Invaluable for sores, itch of any type, eczema, ringworm, and all kinds of skin diseases. Rs. 2/6/- a four ounce bottle.

GASTRO-LIVER-TONE.—A wonderful Tonic for the cure of Gastritis, biliousness, loss of appetite, and all Liver complaints. Rs. 1/12/- a bottle.

All the above Specialities of the late Dr. J. F. Pereira of Calicut, are manufactured strictly in accordance with the latest formulæ dictated by him EXCLUSIVELY to his daughter, the Proprietress. For particulars of other Specialities of the late Dr. J. F. Pereira write to—

J. F. PEREIRA & COMPANY

"Connemmar" No. 2, Perambur P. O., Madras.

Lessons

ON THE APOSTLESHIP OF PRAYER

EUCHARISTIC CRUSADE

Third Lesson

MARY - CRUSADERS - REPARATION

My dear children, a little girl came to me one day and said: "Father, this Apostleship of Prayer is all very beautiful; but there is something lacking."

—What is it, my child?

—The Blessed Virgin.

—What do you mean?

—You see, Father, we have, of course, to ask the Sacred Heart for graces for sinners. But Mary is the mother of graces and the refuge of sinners.

—Very true, my child; but wait a little and you will see that the Blessed Virgin is not absent from our Apostleship of Prayer.

Think for a moment of the words of the offering, and you will see that Mary is asked to intercede for us: "Divine Heart of Jesus, through the Immaculate Heart of Mary, I offer You..." So, at least once every day, we invoke the Blessed Virgin; and since we often repeat the offering, we are praying to Mary the whole day.

But this will not suffice; in the Apostleship of Prayer there is something else; there are the degrees.

The first degree consists in the recitation of the offering at least every morning; you know that already.

But there are many members of the Apostleship of Prayer who go further and ascend to the second degree. They recite everyday one 'Our Father' and ten 'Hail Marys' for the intentions of the Apostleship of Prayer. So, you see, we do not forget the Blessed Virgin; in fact it is through her that we must obtain from God the salvation of souls.

Now, let us come to the third degree.

As you know, the principal end of the Apostleship of Prayer is the conversion of souls; we seek out all the means of obtaining graces from the Heart of Jesus.

One of the most efficacious means is the Communion of Reparation. And why?

First, Jesus has promised that His Heart would bestow abundantly the treasures of Its love on all those who would try to console Him for the injuries He has received and receives in the Blessed Eucharist; and He has himself pointed out Communion as a means of reparation.

Secondly, the Communion of Reparation would remove the obstacles which prevent us from obtaining the fruits of our prayers. These obstacles are the punishment due to our sins. It is for this reason that the Holy Father has granted a plenary indulgence to all those who fulfil the obligations of the first degree and receive Communion in reparation either every month or every week, or better still every day.

To belong to the Apostleship of Prayer it is *sufficient* if you are in the first degree. But those who give their names for the second or third degree have evidently a greater number of means for obtaining the conversion of sinners and the sanctification of the members of the Association.

But there is yet another question I should like to put to you. What is meant by the Communion of Reparation? How do you make it?

—We will say to Jesus: "I offer this Communion for the intentions of the Holy Father and of the Apostleship of Prayer."

—No, not exactly that. For, if it were so, you would only be able to put a mark in your treasury; you would be only repeating the offering of the first degree. To fulfil the third degree you must add something more; who knows what that is?

—We must say: "I offer this Communion in reparation."

—What reparation?

—Reparation of honour?

—But I should like to know what exactly you mean by reparation of honour?

Or rather, I shall explain it to you. Suppose a child wants to receive Communion according to the intentions of the Pope and at the same time to offer a Communion of Reparation to obtain greater graces for the conversion of souls. What should he do? Who can tell me?...No one?...But I am sure you know it; come, I shall help you.

Imagine that one day when you reach home, you find your mother sad, because your elder brother has been disobedient or insolent. If you are a good child, you will say to yourself: "I should like my brother to be sorry and to ask mother's pardon. But what should I do?...I will go myself and ask mamma's pardon, console her for the offence she has received. I will try to make her forget everything by showing her

greater affection, by being more thoughtful and loving than usual."

Don't you think this is the right way to act or would you say you can behave exactly as on other days?

—(All answer together) No, Father, in such a case one should be *especially* good and lovable.

—You are right, dear children; but now tell me, when you wish to make reparation to Jesus for the sins of men, is it sufficient to be devout as usual, or should you be especially fervent?

—(All together.) *Especially* fervent.

Good. Now, it is your duty to put into practice what you have just said, and thus it will be easier for you to grasp the meaning of the *Eucharistic Crusade*.

What is the EUCHARISTIC CRUSADE?

Listen: Ever keeping to its aim of helping men to pray more for the coming of the Kingdom of God in all men, the Apostleship of Prayer forms several divisions or what are called sections, small armies which all together make up the great army. One of these sections is called the *Eucharistic Crusade*.

All those who fulfil the conditions of the three degrees, and who are faithful to the practice of the *Treasury of the Sacred Heart*, and who make the Communion of Reparation at least once a month, can be received in the section of the *Eucharistic Crusade*.

Later on, you will be taught what more special things are to be done in this section. To-day, I shall stress but one point, namely, that the Crusade is the chosen part, the most faithful part of the great army of the Sacred Heart, the part which may with just pride call itself "the *vanguard of the elite*, which carries forward, in its triumphal march and by its youthful enthusiasm, the immense army of those who are enlisted in the Apostleship of Prayer".

So, you see that the Apostleship of Prayer is an association, a crusade that has been organized not to conquer the Holy Land as in former times, but to conquer the Heart of God, and to obtain all the necessary graces, so that Jesus may reign in all hearts, in all families and in the whole world.

Let us pray that this glorious army may be established in every parish in the world.

(Continued on page 7)

(Continued from page 5)

And now we shall complete what we wrote on the blackboard.

2,000,000,000 men
400,000,000 Catholics
1,600,000,000 non-Catholics.

The Mass
"Our Father"— with Communion.

THE DAILY OFFERING.

THE HOLY ASSOCIATION OF THE SACRED HEART

THE APOSTLESHIP OF PRAYER

WATCHWORD AND GENERAL INTENTION :

- Thy Kingdom come
- { General intentions of the Pope.
- { Particular intentions.
- { Our own personal intentions.

1st degree: The offering of the day (the Treasury as a help)

2nd degree: One "Our Father" and ten "Hail Marys" for the Pope's intentions.

3rd degree: Communion of reparation— monthly, weekly, daily.

- Sections. { Consecration of families,
- { Men's section,
- { Section for the blind and the deaf-mutes,
- { Section for the sick,
- { The Eucharistic

- Crusade { for children,
- { for youths,
- { for men,
- { for women.

Why do we call it a "Crusade"? I have explained that already?

Why "Eucharistic"?

Because, to obtain the conversion of the world the members make special use of the devotion to the Holy Eucharist, a devotion which was so much desired by the Sacred Heart of Jesus.

And why do we begin with the "children?"

Because the good Jesus loves children very much; because the Pope also loves them; because the children through their continual contact with Jesus in the Blessed Sacrament, will be inflamed with zeal for the salvation of souls and will remain true Crusaders throughout their life.

The third lesson is over. I shall end with a piece of advice.

If you wish to be Crusaders, let it not be to "show off" nor for the pleasure of wearing the pretty badge or the white uniform. You must act solely through love of Jesus and through desire for the salvation of the world.

Jesus has said: "Suffer little children to come to me".

Jesus calls you.

Say generously: "Hear I am, your Crusader; all for you, Oh! Heart of Jesus."

THREE ALTAR BOYS

(From "Le Croise")

Translation from *Children's Messenger*.

SCENE: A working sacristy; three altar boys round a table; each is aged about nine; Francis sits with head in hands over a book; Michael is polishing a thurible; Xavier in a cassock is creasing his cotta.

Francis (muttering): Ad De-um qui lafificat...no, that's wrong: lacifitat, no, talificat juvenem juvenatam...Oh, this is too hard for me; I shall never learn it (shutting his book), I'll only break my head over it.

Michael (grinning): It'll be a long time before Francis's head gets broken.

Xavier (seriously): But if you don't learn it you'll never be an altar boy, and it's so lovely to serve Mass. On the altar you're close to Our Lord, you're almost a little bit like a priest.

Michael (looking at his thurible): What I like best is being thurifer in a procession of the Blessed Sacrament. The others turn their backs but you walk backwards to see Him better; and you incense Him and genuflect. Oh, I wouldn't give up my place to anyone.

Xavier: But it's so seldom there's a procession, and there is Mass every day. I often think of what we heard at the Crusade meeting...

Francis (stretching himself): They say all sorts of things in the Crusade.

Xavier: ... about the drops of water put into the chalice. That's us, and without that the Mass wouldn't be right. It's great to think that you are offered with Jesus. The Crusade Promoter read out of a book by Père. I forget the name, and it said that Jesus has need of us. I get excited to think of that! You know how we rush if M. le Curé asks us to do anything? Suppose it was the Bishop asked me to fetch his spectacles. How thrilled I'd be!

Francis, Michael (together): But the Bishop doesn't have spectacles, he wears eyeglasses.

Xavier: Well, it's all the same. The thing is how the boy he asked would rush to do it.

Michael: I expect he'd come a fearful cropper on the floor, 'cos all the others would be rushing too.

Francis: Yes. Talk of a stampede!

Xavier: Well anyway it's a great honour to do anything for Jesus, who is much greater than M. le Curé or Monsignor, and to help in saving souls.

Francis (doubtfully): Would you have to put yourself out so much to help Him? When you've made your Morning Offering you are working with Him, provided you don't do any big sins.

Michael (mockingly): One of which is laziness, one of the worst!

Francis: Yes, or pride. Who wanted to be a Field Marshall?

Michael (dreamily): No, not now. I've got something better than that. I'll

be a soldier all right, but an airman, a squadron leader. I shall put the Crusade Badge on my plane, and perhaps I'll name it *Le Croise*.

Francis: You won't catch me in a flying machine. When I grow up I'm going to keep a fish and chip shop.

Michael, Xavier: Fish and chip shop!!

Francis (calmly): Yes, one thing's as good as another, and it's a life you wouldn't have to pass any exams for. I shall have a little shop close to the church, painted green, and on Sunday mornings I shall put up a notice, "Closed while the Proprietor is at Mass," and if there's any customers waiting when I get back I shall say, "Why didn't you go to Mass too? Don't you ever think of your souls?" That's how I shall be an apostle.

Xavier (gravely): Hardly anyone thinks about their soul.

Michael: Yes, the Crusaders do, and you do, anyway. Don't you want to be a priest?

Xavier: Yes, but I haven't settled yet whether to go to China or stay in France. Sometimes I think of the Chinese babies calling out to be baptized, and then on other days I think of all the white pagans at home. There are lots of boys in France as old as us who've not been baptized yet. And there's people who've got out of the way of going to Mass because there was no mass in their village. And people who die without the sacraments because M. le Curé hasn't time to get so far to their home. There's so few priests now.

Michael: So that's why you want to be one?

Xavier: Yes, and because I want to love Jesus for those who don't love Him, and to spend my life spreading His Kingdom. I think of me telling about Him to people who don't know Him, and raising souls to life that were dead and most of all I think about saying Mass. The other day when the altar was all over flowers I said "How lovely to bring Jesus down on to such a beautiful altar?"

Francis: Will you bless my shop Xavier?

Michael: And my plane?

Xavier: Well, wait a bit till I'm ordained. Before that you'll have to pray for me a lot and do sacrifices. So let's begin now. If Francis has another go at the Mass answers I and Michael will help him. And before we start let's go into the church and say an *Our Father* for us to be good Crusaders always whatever we are when we are grown up.

Lessons

ON THE APOSTLESHIP OF PRAYER

EUCHARISTIC CRUSADE

Fourth Lesson

THE SACRED HEART OF JESUS

All say together; "Here I am, Your Crusader; all for You, Oh! Heart of Jesus."

We ended the previous lesson with the words: "Here I am, Your Crusader; all for You, Oh! Heart of Jesus."

Now we shall begin with the last words: "Heart of Jesus." First of all, I shall tell you a beautiful story.

Many years ago, there lived in Rome a famous painter called Pompeo Batoni. At one time, when he was in great need of money, the Fathers of the "Gesù" at Rome advised him to paint to the best of his ability an image of the Sacred Heart which they would expose for the veneration of the faithful. They told him that divine Providence would not fail to reward his zeal with spiritual and even temporal favours.

Batoni was very grateful and determined to follow the good advice. He prayed much and thought for a long time in order to accomplish a perfect work.

One day as he was going along a lonely road, he saw a poor beggar approaching him. Moved with pity, he put his hand into his pocket, and raised his eyes to look at the beggar. And he saw... Jesus... His look was supremely gentle; in His left Hand He held His Heart which shone like the sun; a crown of thorns surrounded It, and above It was a cross. Flames burst from the Heart and on its side was seen a large wound. With His right hand Jesus seemed to point out to this Heart and at the same time to ask for something.

Surprise or consolation, which was uppermost in the painter's heart one cannot say. But soon the vision vanished; and Batoni hurried home to reproduce what he had seen in all its beauty.

This image of Sacred Heart has been venerated in the church of the "Gesù" at Rome for the past century and a half, and thousands of times it has been reproduced and distributed all over the world.

If we look carefully at this Heart, we see six things. First of all, the rays. And then ???

—The Crown of thorns.

—Good; what next?

—The Cross.

—Yes; and then?

—The flames.

—Very good; anything more?

—The Heart Itself.

—Good; and lastly, in the Heart?

—The wound.

—Perfect. You know that our Lord showed His Heart to St. Margaret Mary to express His burning love for us.

What special lessons have each one of these symbols to teach us?

Let us study them, one by one, and try to understand them.

1st THE RAYS show the faith that Jesus brought to the world. He came to be the light for all men; but alas!, as we saw in the first lesson, the greater part of mankind does not possess the faith.



The last gospel of the Mass says that though Jesus came as the true light into the world which was made by Him, yet the world did not know Him. "He came unto His own, and His own received Him not." These words are true even to-day for the greatest part of mankind.

A Crusader of the Apostleship of Prayer, raising his eyes towards the Sacred Heart and seeing these rays, will say: "Oh! Jesus, I thank you for having given me the true light, the true faith. Grant that all men may accept this light."

2ndly THE THORNS, as St. Margaret Mary has explained, represent the sins of men which have made our Lord suffer so much.

A Crusader seeing these thorns will say: "Good Jesus, I am sorry for my sins; I do not want to commit them any more; and I offer myself in reparation for my sins and for those of the whole world."

3rdly THE CROSS. As once the cross was planted on Golgotha, so now it is planted in the Heart of Jesus. Why?

—Because Jesus carried His cross for love of me.

—Very good; and St. Margaret Mary adds: "Because throughout His life Jesus had in His Heart the thought of His Passion and death; during His whole life He suffered for love of us."

Looking at this cross, a Crusader will say: "Here is the banner of my army, of my victory, of my glory. I too wish to plant it in my heart to obtain the ends Jesus desires; I shall make many acts of obedience, mortification and charity."

4thly THE FLAMES. You remember that they represent the infinite love Jesus has for us and for all men.

Seeing these flames, a Crusader will say: "My dear Jesus, I consecrate to You my heart that it may be consumed in the flames of your love. Then I shall be able to inflame the hearts of other men with love for You."

5thly THE HEART Itself signifies...?

—Love.

—Good, but it is a love which gives itself entirely, sincerely, spontaneously. Consider our common expressions: to speak from one's heart, to do a thing heartily, or with all one's heart.

Once again, the Crusader will say: "Oh! My God, and My greatest Love, You have given me Your Heart. I give You mine: I Consecrate it entirely to You."

6thly THE WOUND. But alas!, there is a wound in the Heart of Jesus; there must be one also in the heart of the Crusader.

What does the wound show?

—That after Jesus died, a soldier pierced His Heart with a lance.

—That water and blood flowed from the Heart, (adds another)

—True. And when after the Resurrection, our Lord appeared to the Apostles, what is it that astonished them most?

—That His hands, feet and side had retained the marks of the wounds.

—Do these wounds cause pain even now?

—No, because Jesus is in Heaven, and in Heaven there is no more suffering.

—But why has Jesus willed to keep the wounds and especially the one in His Heart?

—In order to show it to His Father and to intercede better on our behalf.

—But why does He show His *wounded Heart to us*? The Heart stands for love which gives itself entirely. Is the love of Jesus a wounded love even now?

—Yes, Yes.

—Why?

—(Silence) Who knows?

—The love of Jesus is wounded because even now there are men who do not love him, (says a child).

—That is right; and so, now you know that the heart of a Crusader of the Apostleship of Prayer will feel as though wounded because he sees the wound in the Heart of Jesus.

—Because he is pained to see that Jesus is not loved by all men.

—And what will a Crusader do then?

—He will make acts of love to make up for those who do not love Jesus.

What are these acts called? . . . Remember what I said when speaking of Communion

—They are called acts of *reparation*.

—Very good. Have you understood this well? So now we shall sum up.

A good Crusader of the Apostleship of Prayer has always the Heart of Jesus present in his thoughts.

1st. The rays show that Jesus wants all men to receive the light of faith; and for this the Crusader offers himself completely according to the intentions of the Apostleship of Prayer and of the Pope.

2ndly. The crown of thorns shows that Jesus was made victim for the sins of men; and on this account the Crusader detests everything sinful.

3rdly. The cross shows that we should bear our own crosses and make sacrifices for the love of Jesus.

4thly. The flames show the burning love; seeing them, the Crusader will often say: "Sweet Heart of Jesus, grant that I may love Thee ever more and more."

5thly. The Heart shows the consecration of our entire self to Jesus.

6thly. The wound signifies reparation.

You know to draw, don't you? When you reach home, you must draw a sketch of this Heart and write down the meaning of all these symbols.

Lastly, one question more. You know that Jesus lives in our midst in the Blessed Sacrament; what then should a Crusader do to show his love of the Sacred Heart?

—He should communicate often.

—And with great fervour, should he not?

—Yes, yes, he must be *especially* fervent.

(From the French — *M. Thekaekara, S. J.*)

St. John Berchmans S. J.

A pretty little book (of over 130 pages, of foolscap octavo size with a nice cover and a block of the Saint on it) got up as a souvenir of the Silver Jubilee of the Sanctuary Society, St. Aloysius' College. That St. John is a Patron of Altar boys is a fact well known to all. This little life will show, that St. John is perhaps best calculated to teach by his example, all students, how to advance both in virtue and knowledge. Heads of Schools and Convents will find, that this is just the book which should be in the hands of every Catholic student.

PRICE 4 ANNAS



Copies can be had from the Director, Altar Boys' Sodality, St. Aloysius' College, Mangalore, S. K.

TO OUR CRUSADERS

It is long since I wrote to you, dear Crusaders, so many things have had to be done that I was never able to write in time. Now, however, the occasion to write has been provided me by a little book which a friend of mine has sent me.

The mass is the centre of our religion, it is our sacrifice, and it is but proper that we should love it. Love is born of knowledge, and, therefore, since June of last year we have been studying in great detail the ceremonies and prayers of the mass. What you have learned from the *Eucharistic Crusade* may be completed by a reading of the book mentioned above. Its title "My Church and My Altar,"* might make you think that it is meant only for altar boys. The first part 'What the Altar Boy Must be' and the appendix 'How to serve Mass' are meant for him alone. But Part Two: 'What the Altar Boy must Know', Part Three: 'Vespers and Other Ceremonies', and Part Four: 'The Liturgical Year' have indeed for their purpose to instruct the altar boy that he might understand the services and ceremonies of the Church better, and so taking a greater interest in them may do his part in them better. But they are informative and can be read and studied by all Crusaders with profit. You will come to know a great deal about Church services and ceremonies and will be able to follow them with greater attention and interest. And the stories which come at the end of each chapter are both interesting and encouraging. You will find some mistakes in the book (e. g. benediction p. 33, Angels guardian p. 89) but you will not mind them. Every Crusade Centre, if not every Crusader, should try to possess a copy of the book.

* To be had from the translator: at:

BISHOP'S HOUSE, CALICUT (MALABAR)

OR

MARIKUNNU, P. O. (MALABAR)

PRICE: AS. 8/- Postage Extra.

Indisputably

IT IS TO YOUR
ADVANTAGE

TO BUY YOUR

SPORTS GOODS
REQUIREMENTS

FROM THE

FOUNDERS OF

SPORTS GOODS
INDUSTRY
IN INDIA.

THEY ARE STILL THE LEADERS IN THIS TRADE.

Uberoi
LIMITED.

22, MOUNT ROAD,
MADRAS.



Lessons

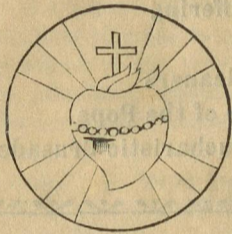
ON THE APOSTLESHIP OF PRAYER EUCHARISTIC CRUSADE

Fifth Lesson

THE CENTRE

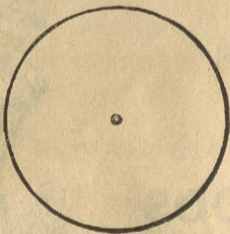
As requested each child has with him a sketch of the Sacred Heart with the meaning of the different symbols written down. There is a similar sketch on the black-board.

My dear children, in the litany of the Sacred Heart we have this invocation "Heart of Jesus, King and Centre of all hearts, have mercy on us."



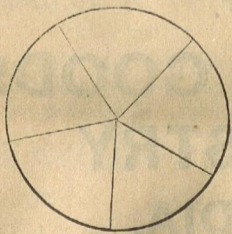
The distinctive emblems of a king are the crown and the sceptre. The crown of the Sacred Heart, that is, the crown of the love of our divine King is a crown of thorns; His sceptre is the cross.

Now, tell me, what is a centre?



It is the midpoint of a circle, isn't it?

When we draw a circle, and in it different radii joining the centre to the circumference we can say that the radii start from the centre and go back to the centre. So also



when we say that Jesus is the centre of all hearts we mean that Jesus wishes to give His love to all hearts, and that all hearts should in return give their love to the Heart of Jesus.

Let us draw a great circle and place in it all the hearts in this world. How many are these? Who remembers the first lesson?

-2,000,000,000.

--Good.

But you know that all these hearts are not consecrated to the Sacred Heart,

since all are not Catholics. Unhappily we have to draw a smaller circle for the Catholics. How many are they?

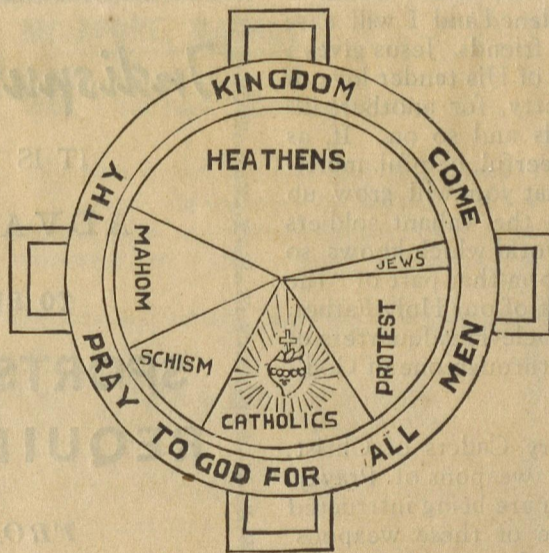
-400,000,000.

-Very good; and what is the difference?

-1,600,000,000.

-Among these there are more than a thousand million who do not know our Lord. The rest know our Lord, but not as He ought to be known; they live separated from the church.

These latter receive a small share of the rays of the Sacred Heart; but there is something more painful. They belong to the different Protestant sects which do not recognize the Vicar of Jesus Christ, the Pope.



We shall now come back to the four hundred million Catholics.

We can divide them into two groups: those who have been enrolled in our Apostleship of Prayer, and those who have not been enrolled.

My dear children, I must now tell you two very important things. First, these 60 million members have to be helped so that they may always remain true and faithful Apostles of prayer, or, in the words of the Pope, "ever greater and ever better apostles."

Secondly, to quote the Pope once more, (on 29th September, 1927) our work will not be complete so long as there remains a single soul to be won over for this apostleship.

So, we have much to do, haven't we? Yes, but Jesus has Himself taught us how we must set about our work.

What did Jesus do to conquer the world? He formed groups of men more devoted and

pious than the rest, first the group of seventy-two disciples, then the group of twelve Apostles. He had also groups of women, including His Mother, who attended upon Him during His journeys in the Holy Land.

Well then, the Apostleship of Prayer also tries to form groups of promoters in each parish, in each public Church, in the oratories of religious institutes, in schools, seminaries, hospitals, etc.

The first promoter should always be a priest. He is known as the local Director of the Apostleship of Prayer.

In our diagram the place of the promoters should be close to the Heart of Jesus.

Why so close? Because they distinguish themselves by their piety and burning zeal. They should do all they can to promote love for the Sacred Heart in the hearts, first, of the members of the Apostleship of prayer and then of those who are not members.

For this purpose, they hold meetings with the Director at fixed intervals in order to inflame their piety and zeal and to seek out the means which seem most suitable for the aims of the Apostleship of Prayer.

Now tell me, which is the place of the Crusaders in these circles?

- With the 60 million enrolled.

- No, (says another) they should be closer to the Sacred Heart.

- Why closer?

- Because the Pope has said that the Crusaders are in the first rank of the Apostleship of prayer.

- And (says another) Jesus said: Suffer little children to come to me."

- So we shall do as Jesus and the Pope desire: But, no the inner circle belongs to the promoters.

- Well, then, put us along with them.

- All right, I shall do so; but then the crusaders should signalize themselves among all the enrolled by their piety and burning zeal.

- Yes, Yes.

- You see then that the Heart of Jesus has chosen you for His service, that you might make Him known and loved by everybody

How to do this?

First, by being more faithful to the three degrees of the Apostleship of Prayer.

Secondly, by giving more active help to promoters by doing promptly all they ask of you.

(Continued on page 9)

NOVEMBER INTENTIONS

(Continued from page 3)

Column 1.

noble soul to devote his life to the *Apostolate of the Sea*. In many countries zealous priests and active Catholics devote their energies to the moral and religious welfare of sea-travellers as soon as they reach the shore. They do not spare fatigue and effort to surround them at once with care and solicitude so that those poor wandering souls may soon taste the happiness and heavenly comfort of kneeling once again before the Altar of God...of receiving Jesus in their heart.

Other priests even accompany them on their voyages to share not only their life and dangers, but to be always ready to keep burning in their hearts sincere faith and loyalty to God. They afford to them the comfort of the mysteries of our faith: frequent Mass, Confession...Holy Communion, little sermons and private heart to heart talks.

Great is the help from Heaven which these generous Chaplains also of sea-farers are in need of to carry out their ministry of salvation and consolation among an ever changing and careless congregation. Often they are obliged to approach travellers and sailors one by one to induce them to attend Mass;...to approach the sacraments.

But even greater is their task, when danger comes.

A Chaplain, as the Captain of a ship, has to be the last to leave a sinking ship. His task is not only to comfort the panic-stricken travellers with his example of fortitude and confidence in God, but also to assist with the last rites of the Church all those in need, sparing not even his life, to bring moral and physical assistance to any one in danger.

Many pages of sea tragedies recall to us the heroism and self-sacrifice of Sea Chaplains. Some have appeared in newspapers even of late; but the others are unknown to us, but they are written in golden letters in the great book of life.

Hence the request of our Holy Father to pray not only for sea-farers but also for their Chaplains, who nowadays are very numerous, because even non-Catholic and Protestant nations have fully realized the powerful moral and spiritual strength instilled in the soul of sea-farers by the heroic self sacrificing life of Catholic Chaplains.

Let our prayer gush forth fervently during this month for sea-farers and their Chaplains, and let us be generous in enriching our request to God for them, with frequent Communion, generous little sacrifices, timely acts of good example and apostolate, if any chance may be offered us to come across some seafarers reaching safely the shore.

Column 3.

It is for the conversion of these apostates that we have to pray for this month. They need grace to see, courage to come back from the path of destruction to the true fold, strength to overcome the power of darkness that has entangled them and

direct their steps once again to the burning Heart of their divine Saviour. All the different classes of apostates must be before us during the whole month, so that we may be ever generous to intercede for them through our fervent prayers, our frequent communions, and many little sacrifices.

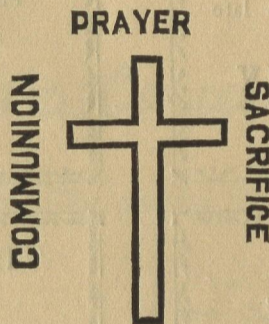
FIFTH LESSON

(Continued from page 5).

Thirdly...No, there is no thirdly. If you do the first two to the best of your ability, you will be good Crusaders.

You have also an emblem in the form of a Cross, each arm of which reminds you of one point in your motto: "Prayer, Communion, Sacrifice, Apostolate."

Here is your emblem:



Do not forget that the cross is seen also in the Heart of Jesus. "All for You, oh! Heart of Jesus."

Now, we shall conclude. If any one asks you what the Crusade is answer in the words of the Pope: "It is the group of children who pray and who march at the head of the great army of the Apostleship of Prayer which fights for the Sacred Heart, for the Kingdom of Jesus."

One last question. When you are grown up, when you are children no more, will you leave this inner circle in which you have been entered quite near the Heart of Jesus?

—Never, never, we will remain near the Heart of Jesus all through our lives.

—Very good: All our lives we will remain true Crusaders by our piety and our burning zeal; and till our death we shall sing: "I am a Crusader, this is my glory. With Jesus to victory."

(From the French — M. Thekaekara, S. J.)

NEWS

(Continued from page 7)

to place our Treasury-leaf on the altar, to offer all once more to Jesus and to ask with His blessing, the grace to do better next month. We like this practice very much.

Now for the month of October we shall be very busy preparing for the Feast of Christ King. There is a chalice of gold paper on a cardboard and the Host is surrounded by as many rays as there are Crusaders and each one has to embellish hers with her sacrifices. So there is plenty of work to be done to make them shine, three

sacrifices are to be made to obtain one tinsel and each fervent Communion will bring one little flag near the Chalice and Host.

Please bless us and pray for us to be good and faithful.

ST. CECILIA

(Continued from page 1).

of the light which surrounded her. She was kneeling in prayer, while at her side he beheld her glorious Guardian Angel. Passing quietly into the room Valerian humbly knelt beside the maid whose prayers and good example had brought him such happiness.

"Dear Cecilia, will you not pray that Tiburtius, my only brother, may likewise receive from our God the precious gift of the Faith?" "Pray with me, Valerian," Cecilia answered, "God cannot refuse our humble earnest prayers that He may reign in other hearts besides our own," and soon their prayers were heard.

When the Governor of the city heard of the conversion of these two noble youths he was terribly angry. He feared that this new religion would rob his armies of two of their bravest leaders. He ordered Valerian and his brother to be imprisoned. Seeing that the cruellest tortures were unable to shake their faith he commanded that they should be beheaded. When Cecilia heard the news she knew her own turn was not far off; immediately, therefore, she began to set her affairs in order, giving all her riches to the poor of Christ.

She was led before the Governor, but so great was her desire to be with her dear Jesus in Heaven that she showed no fear of death which would only unite her forever to the King of kings. Her punishment was that she should be suffocated in the magnificent marble baths of her father's palace. The atmosphere of the baths was raised to its most intense heat, yet Cecilia walked unhurt, singing joyous hymns all the time.

At the end of the day the executioners opened the doors expecting to see their victim shrivelled by the heat. Great was their surprise to see her radiantly happy at the thought of soon reaching her Heavenly Home.

In his rage, the Governor sent one of the soldiers to cut off her head. Three times the cruel man gashed her slender neck and left the holy virgin bleeding to death on the marble pavement. For three days she lingered and then her beautiful soul left this earth to rest eternally on the heart of her beloved Jesus. As she had wished a church was built on the place of the palace where she had lived such a holy life and died such a glorious death.

Saint Cecilia has been chosen as the Patroness of music not only on account of her love of singing the praises of God but also because she often accompanied her hymns with a musical instrument.

Dear Saint Cecilia! Pray for your little Crusade-friends that like you we may delight in singing praises of Jesus and Mary!

SACRIFICE

Summary

"The whole life of the Christian united to the whole life of Christ and placed at the service of the whole life of the Church."

This formula which formed the basis of our explanation of the offering will serve us now to build up our doctrine of the Sacrifice.

For the whole life of the Christian is nothing but a tracing over of the life of Christ both in its methods and in its aims.

For as Christ, who prayed by the oblation of His whole life, did pray to the utmost through "His Sacrifice" (and also by His sacrifices), so the Crusader, a little Christian in formation, comes to the school of his great Model, to learn self-sacrifice.

That is why we bring the Crusaders before Christ, His cradle, His cross.

I THE SACRIFICE OF JESUS

Where was Jesus born?
... in a palace?

No!... in a poor stable
... at Bethlehem in a manger... on straw.

... Where did He die?
... On Calvary... nailed to a cross.

... Beginning from this hard cradle to that harder agony, had He anything to suffer?

... Oh! Yes.

Forced to flee to Egypt, He had not even bread for each day. He must go begging, He, the King of heaven!

At Nazareth in St. Joseph's workshop He obeyed His foster father promptly and sweetly. He also obeyed all the customers who commanded and perhaps ill-treated Him.

He worked hard, not sparing his delicate little hands.

He makes Himself the humble servant of the Blessed Virgin, undertakes all errands, and carries them out with great care.

Later, in the desert what do we see? Penance... a prelude to the three years of hard labour, of his public life, when He has not even a stone to rest His head.

Nothing but toil, humiliation and suffering.

Why all these sufferings accepted, sought for? Why these sacrifices, great and small, and day after day?

Because, having given His whole life, He wished to add to it a thing of surpassing value. Having given us each day of His life, He wished to offer up each day together with prayer a thing which is more than a prayer, namely... **Sacrifice.**

To His Father whom He loves, to us whom He loves, He could give nothing better than all this. He was saying "Father, I do what is displeasing, to me because it pleases Thee. To show that I count for nothing and Thou and Thou alone countest. I do it also to redeem

... But have we not said already like Him "My God, I give thee my whole life"?

... Yes.

... How?

... Through the offering.

... Yes, everyday, through our offering: "My Jesus, this day is for thee," we give our life to Him. Now, that this life may be beautiful, to have it as similar as possible to His own, we must be able to say like Him, "My God, not what suits me but what suits thee. Not what I like, but what costs me, and what thou lovest; thus Thou shalt see that I love Thee more than myself."

... In one word how do we call this desire?

... Desire for sacrifice.

... And now if I ask you what you must add to the days you have offered, in order to make them very pleasing to God, what will you answer?

... We must add sacrifices.

... What is a sacrifice?

... It is "something which costs us, done for some one whom we love." Let us give an illustration:—

Peter is hearing Mass. He prays to God with all his heart; but now and then he talks with his neighbour. By their side is James, he too is praying; and well, seeing them talk, he would very much like to talk but to please our Lord he remains silent and does not say a word until Mass is over.

... What has he done by not talking?

... A sacrifice.

... Who has pleased God more?

... James.

... Why?

... Because he loves God so much that he suffers some inconvenience for His sake. So to make a sacrifice, we must do something that costs us.

... If we refrain, say from taking a dish which we do not like, would it be

a sacrifice?

... No, certainly for it costs us nothing.

(Make the children find out some examples. Help them if it is necessary, to be practical).

It is also necessary that this thing which costs us should be done for love of Jesus. Look at this boy who studies well an unpleasant subject, but does so solely to be at the top of the class.

... Is he making a sacrifice?

... No, he studies not for Jesus, but for himself.

1942

GENERAL INTENTIONS

- Jan. *The General and Particular Intentions of the Pope.*
- Feb. *That the Holy Ghost may enlighten and strengthen rulers of people.*
- March. *That truth and justice may reign everywhere.*
- April. *That all followers of Christ may shine by their charity.*
- May. *That Christian modesty may be known to all.*
- June. *That men may repair for the injuries done to the Sacred Heart in the Holy Eucharist.*
- July. *That the precept of hearing mass on Sundays may be better observed.*
- Aug. *That, without fear of men, Catholics may do good and avoid evil.*
- Sept. *That Catholic youth may revere the Church as mother and teacher ever more and more.*
- Oct. *That all may ask more fervently the help of the Holy Angels.*
- Nov. *That the faith may be preserved in Europe.*
- Dec. *That all may be one.*

MISSIONARY INTENTIONS.

- Jan. *For the indigenous bishops and the faithful committed to their care.*
- Feb. *For the indigenous clergy among the Negroes of Africa and America.*
- March. *For the indigenous clergy of India, Burma, Ceylon.*
- April. *" " of Indo-China and Siam.*
- May. *" " of the Chinese Republic.*
- June. *" " of Japan and Korea.*
- July. *" " of Oceania.*
- Aug. *" " of the Oriental Rites of the Near East.*
- Sept. *For the indigenous sisters and lay brothers.*
- Oct. *That the Work of St. Peter for indigenous clergy may spread everywhere.*
- Nov. *That indigenous art may be encouraged so that it interpret the Catholic faith.*
- Dec. *That the number of foreign missionaries might increase for the extension of the Kingdom of Christ.*

souls. My life of suffering and my death are not too high a price for them."

II

OUR SACRIFICE

If we wish not to be too much in debt, if we wish to return a small part of what He has given us, we shall not seek for anything else. We shall not speak in a manner different from His.

...Why do we desire to make sacrifices?

...Chiefly to show our Lord how much we love Him.

...What has God done for us? (Creation...).

...And what has our Lord done in addition? (Incarnation, Redemption...)

...Jesus has taught us by His death on the cross that there is no better way of showing love than by giving one's life for those one loves. On our part how shall we show our love for him?

...By sacrifices.

When we love a person very much do we not seek to satisfy all his desires?

...Yes, we do.

...What is the greatest desire of Jesus?

...????

...That all men should go to heaven. But, how can we satisfy this desire?

...By aiding Him to save souls.

...How?

By sacrifices, by placing or uniting little sacrifices of the crusaders in the great sacrifice of Jesus.

III

THE HOLY SACRIFICE OF THE MASS

United to the sacrifice of Jesus, our sacrifice is all-powerful.

... Now, has Jesus ever ceased offering sacrifice?

(Make the children find out for themselves what that great sacrifice is which Jesus offers every day: the Holy Mass)

The Mass is a sacrifice, because therein our Lord offers to his Father, through the church, the great sacrifice of His death. If He could, He would still die every day, for His actual love is as great as His love on the Cross.

True Crusaders love the Mass, because it is there that they can unite their sacrifices to the sacrifice of Jesus. As there is always in some place of the globe, a chalice raised towards heaven we can always, at every hour of the day and of the night, place in it our little drop of water our little sacrifice offered to Jesus. Our tiny sacrifice will be like "the drop of water" which falls in the chalice, assumes the colour, the taste...the infinite value of the wine that is going to be the Blood of Christ.

Thus the sacrifices of the Crusaders, which by themselves are not great will, when united to the Blood of Christ, open heaven for poor souls.

IV

THE MOTIVES OF THE SACRIFICE

... Do you know why the holy sacrifice is offered to God?

... To adore Him, to thank Him, to make reparation, to pray for His graces.

... As in the case of the Mass: adoration, thanksgiving, reparation, impetration.

1st Adoration: To acknowledge that God is great, powerful, rich that He has made everything, has given us everything, and has the right to take back, if He so wishes, all that is ours at present, our pleasures, our goods, our health, our life...

(In the case of children acquainted with Sacred History, we may recall to their minds the sacrifices that have been offered in the earthly Paradise as an act of adoration by man who was then in the state of innocence).

2nd. Thanksgiving: God has given to you so many good and beautiful things. He gives you himself in the Holy Eucharist. Lord, what could I do to thank you? I too should give thee my life. Well, I offer you the effort I need for this act which costs me something; the pleasures which I would derive if I were to enjoy this thing which I give up...etc.

(Sacrifice of Noah on leaving the ark...a sacrifice of thanksgiving).

3rd. Reparation: This it is, more than anything else which should arouse the zeal of a Crusader. When he looks at his own sins, at all sins, great and small, at the mortal sins committed in the world, when he beholds multitudes of men who think of nothing but enjoyment and rush to hell...and when on the other hand he thinks of Jesus nailed to the cross for the necessary expiation, he too feels a desire to expiate, to console Jesus, to save a few at least of these poor souls. And the best means for this, surely is Sacrifice, and penance, namely a little self-imposed suffering added to the many and great sufferings together with Jesus, shall soothe Him, refresh Him, and help Him. Make reparation.

4th. Supplication: We no doubt ask for graces by means of prayer. But prayer is by far more powerful when coupled with sacrifice. When you want to obtain something very important, something very arduous, the conversion of sinners, for instance, or the deliverance of souls from purgatory, or your own sanctification, to become good Crusaders, (mention the most pressing needs) pray and receive Communion, but add a few sacrifices which will actually and really cost you...and you will see the result.

V

S. O. L. SACRIFICE OF LOVE

A pretty little word which reminds us of the sacrifice is S. O. L. (In French Sp; Sacrifice par amour.)

One day in a school play-ground a few boys were playing hand-ball. A dispute arose between two of them, and soon threatened to become serious. An apostle of the Crusade came near and whispered S. O. L. Peace was established immediately...Later, a little boy falls down, hurts his knee and begins to weep. All on a sudden he gets up, pronounces the little word S. O. L. and his tears disappear. The bells sound at the end of recreation. Two or three boys remain talking. A little apostle passes by, says the S. O. L. The laggards instantly run to join the others.

What is this little magic word? This little word which settles disputes, dries

weeping eyes and compels obedience? This little word is made of the three letters S. O. L. which signify "Sacrifice of Love."

With Jesus, for Jesus and the souls of men sacrifice is always an "act of love." The crusader can in his holy warfare utter this beautiful war-cry SOL.

The Crusader exercises his ingenuity; he goes in search of occasions when he can say "Yes" to Jesus and "No" to himself. "S. O. L."! "S. O. L."! to do things even when they are painful, to do them for love.

...Can you find such occasions now and then?

...Yes.

Do you find them every day?

...Oh! yes.

...The occasions are not the same for all. But everyone can find some.

(Briefly help the Crusaders to examine themselves, the occasions they can find during the day from rising till bedtime).

VI

DIFFERENT KINDS OF SACRIFICE

Sacrifices are of various kinds: some mortify the body, (to bear a headache without complaining—to refrain from taking dainties...); others mortify the understanding, (stop at the most interesting page of a story) others strengthen the will, (forcing oneself to do a certain act at fixed times every day); others attack one's self-love (to bear a nasty remark or a reprimand without getting angry or sulking).

The Best Sacrifices

Jesus does not look for so much the number of our sacrifices as their quality. If you like we shall see together what sacrifices are most pleasing to Him.

...The most difficult ones? No.

...Those we discover after much thinking? No.

Or those that are very funny, very beautiful, very original? No.

...Or are they not the tiniest, the simplest sacrifices, those which we take out of our own heart, and are made with great love? Yes.

...Why? ... Because these bear the closest resemblance to the sacrifice of Jesus who suffered everything for our love.

Listen to this story...

Two little girls wanted to wish their mother a happy feast. The elder who was selfish got a piece of beautiful tapestry made by an embroidress. The younger, was not fond of working, but she wished to show her mother how much she loved her. So instead of spending the time of recreation in playing she made a pincushion, for mummy.

...Which of the two pleased the mother more?...

...And yet which was the more beautiful one?...

...Why most...?

...When sure that He what effort it mistaken; bu

Which sa Those n

obedience o defects. Tho

.. What which are su school child well behaved

Naturally very patientl sickness, the But we must sometimes go accustomed to sure that we s forbidden.

Rev. and De

We are se It is divided i the nature an Crusade. The and in India the ritual, funct the various ind last part contain booklet is very The price incl

Within th centres in the v ding little soldi be encouraging other side of th

For the e last words of a

Dear Reveren

The Crus lovely book. them as a pri thanking you v an opportunit for everyone's second though enough, there can't help it be

I often th book-worms re

I am try you when ren is now being class-rooms of of being spent resembles the to Our Lord as hard now to as Anyway, I think each c

...Why is it that the pin-cushion pleased mother most ...?

...When you make sacrifices to please God be quite sure that He knows how much trouble you have taken over it, what effort it required. Grown up people may sometimes be mistaken; but God never.

Which sacrifices please Jesus more?

Those made with great love. Those made through obedience or charity. Those directed against one's chief defects. Those connected with the duties of one's state.

.. What are the duties of our state? They are those which are suited to our age and our station in life. For school children the duties are to be diligent in class and well behaved at home.

(Make the Children give some examples).

Naturally, in the first place, a crusader must learn to take very patiently the trials good God is pleased to send him, sickness, the death of our dear ones, poverty, humiliation... But we must not merely accept sufferings when they come, but sometimes go and meet them. Henceforward we must get accustomed to deprive ourselves of things allowed, so as to be sure that we shall always be able to deprive ourselves of things forbidden.

(To be continued)

ALWAYE,
St. Jos. Ap. Seminary

Rev. and Dear Father,

We are sending herewith the C. E. C. Manual in Malayalam. It is divided into four parts. The first part deals with the origin, the nature and the constitution of the Children's Eucharistic Crusade. The second part treats about its organization in general and in India in particular. The third part gives an account of the ritual, functions and ceremonies. There is also an appendix on the various indulgences that can be gained by the members. The last part contains suited prayers and devotions for them. Thus the booklet is very useful both for the promoters and the members. The price including the postage is three annas only.

Within these last two months we were able to start eight new centres in the various dioceses of Malabar, thus enlisting 533 budding little soldiers in the army of Christ. The news will, we hope, be encouraging and stimulating to the groups of crusaders on the other side of the ghats.

For the edification of the Crusaders we enclose herewith the last words of a dying Crusader.

BANGALORE,
St. Joseph's Convent,
Cleveland Town

Dear Reverend Father,

The Crusaders of little Guy's Group were delighted with the lovely book. "St. John Berchmans" which you so kindly sent them as a prize for the August Competition. They all unite in thanking you very very much for it. Do you know that they had an opportunity of making sacrifices and fight against selfishness, for everyone's first impulse was: "I must have it first!", but, on second thought they agreed to read it by turns, and, wonderful enough, there was no fight (it does sometimes happen, they almost can't help it being soldiers), over the attractive book.

I often think that our Crusaders' Library is too small; the little book-worms read one very week.

I am trying to get you subscriptions, and will send them to you when renewing ours in December. I thought of a plan which is now being carried out. A dumb box has been placed in the class-rooms of the Crusaders and some of their pocket money instead of being spent on sweets is dropped in it. Of course each offering resembles the "widows' mite" but it is most probably as agreeable to Our Lord as the offering. He praised it in the Gospel. It is very hard now to ask for money.

Anyway, our 'dumb-boxes' begin to speak when shaken and I think each captain will get her own Magazine next year.

Last Sunday, that is Mission Sunday, Crusaders tried to help saving souls by helping the good Missionaries to whom every pagan land owes so much. The little soldiers of Christ know their motto, "Be an Apostle!" They always pray for the extension of Christ's Kingdom, but they wanted to do more and decided to part with some of their toys; they had adopted the plan last year, and as it proved to be a good one, it was executed once more. The "treasures" were carefully wrapped up after having received many a kiss, and deposited at the foot of the altar. The sacrifices were made willingly, but they cost something of course, (otherwise they would not be called "sacrifices") especially to those who had made up their minds to give what they liked best in order to be more agreeable to Jesus. A table was afterwards prettily arranged in the Hall and covered with lots of little parcels wrapped up with blue or pink tissue paper, a big poster "Be generous! Help the Missions" invites everyone to buy. Rs. 20 have already been gathered, and the sale is still going on.

"Apostolate" is, for our children, the hardest part of their motto, at least where active Apostolate is concerned. From last month however something is being done which is quite good. Some of the Captains deprive themselves of recreation during the interval from 12-30 to 1, and teach catechism and prayers to neglected Catholic children. A little boy whose father is a Catholic and wishes the child to be well instructed, but whose mother is a Protestant, has been adopted by a captain. The father who is in the military is away from Bangalore, and the child, though learning his prayers and catechism in the baby class, has lots to learn.

We always have our meetings as usual that is on Sunday morning. Father Jacquemart comes once a month, on the third Sunday, to give an instruction and in the evening the Crusaders in uniform spend one hour in front of the Blessed Sacrament. It is consoling to see them looking at the little host in the Monstrance and praying for peace, for the conversion of sinners, for the whole world which seems so engrossed in materialism. This little army may still be the column that will save the world; Jesus loves the little one's prayers so much!

Indisputably

IT IS TO YOUR
ADVANTAGE

TO BUY YOUR

SPORTS GOODS
REQUIREMENTS

FROM THE

FOUNDERS OF

SPORTS GOODS
INDUSTRY
IN INDIA.

THEY ARE STILL THE LEADERS IN THIS TRADE.

Uleer's
LIMITED.

22, MOUNT ROAD,
MADRAS.

