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Kashmiri Shaivism

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Thu, Jan 19, 2017 at 7:58 PM

To: B V Sreekantan <bvsreekantan@gmail.com>

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From: B V Sreekantan <bvsreekantan@gmail.com>

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Subject: Kashmiri Shaivism

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Kashmiri Shaivism another monistic Indian philosophy originated in the Kashmir region around 800 CE as a follow up of Shaiva Siddhanta. It has close resemblance to Advaita Vedantha of Shankaracharya., but differs from

in treating the world as real and created by Paramashiva, who is the supreme reality himself.. Shakti is the dynamic aspect, the energy of Shiva .is behind not only the manifestation of the universe but also chitta shakti (the power of intelligence), ananda shakti (the power of freedom), ichha shakti (the power of will) gnana shakti (the power of knowledge).

The method of attaining the esoteric Knowledge by the Kashmiri seers was by exercising Kriya yoga (Tantra) which involved focusing attention inwards in contrast to Vedic seers who got involved in ritual practices , sacrificial ceremonies etc., along with Yoga.

Many different forms of Tantra developed in due course.

According to Vedanta the ultimate reality , the creative force from which everyone emerges is Brahman, while in Kashmiri Shaivism

is Paramashiva who is combination of Prakasha (knowledge) and Vimarsha (krjiya).