

HOW TO MAKE THE "BLACK STONE"

- 1 st.- Obtain a long cow bone, for example, a tibia (shin-bone).
- 2 nd.- Split the bone in plain pieces of, approximately, 3 x 3 cms.
- 3 rd.- Wash the pieces thoroughly.
- 4 th.- Put them into a metallic pot or tin, well closed. On the lid, metallic too, make some holes.
- 5 th.- Light a bonfire and when only the embers remain, set the pot with the bones into them.
- 6 th.- Observe the smoke that comes out from the pot holes. At the beginning, it will be black. When it turns to white, it shows that the stones are already made.
- 7 th.- Put the pot out of the embers and let it cool.
- 8 th.- Wash thoroughly the stones with warm water, preferably boiled.
- 9 th.- Put them into boiled milk (every kind of milk, including the powdered), with an ambient temperature during 12 hours.
- 10 th.- Let the stones dry outdoor, but not in the sun.

To use in case of : Insects and Arachnids stings, Snake bites and Abscesses.
Act as it follows :

- Clean with alcohol or simply with water the zone where the wound is.
- With a clean needle, or a lancet, better if they are sterilized, make 3 or 4 pricks until the blood appears.
- Put the Black Stone over the wound. It will stick strongly.
- You can reinforce the union with sticking-plaster.
- Leave the stone on the wound until it unsticks for itself.
- Before use it for another person, repeat the steps 8, 9 and 10.
- You can repeat the treatment once a day, or even twice if it hurts strongly or there is inflammation.
- In case of poisoning, make a tourniquet.
- Although the stone breaks, the pieces also serve, but its absorption power depends directly of the size of the stone.