

Recd. on 30/3/94

GNANMATA SADAN SOCIETY, TALASARI, THANE DISTRICT, 401 606.

Mudita was ill + thus could not attend. She gave Fr. James in writing her reason for not attending together with her contribution to

March 28, 1994  
11:28 PM

Minutes of meeting of those interested in herbal Medicine held on March 28, 1994 at Gnanmata Sadan at 2.30 pm.

be read out at the meeting (in writing).

Mudita was in hospital (Malaria)

Present: Nancy Vaz, Mary John, Cecilia Adhav, Cecily Augustine, Ramesh Kantela and James Mascarenhas.

The following goal and Objectives were worked out for the year ending June 1995.

GOAL:

To work towards gradually creating a relevant health system for our adivasi people especially through the use of traditional medicines and practices.

OBJECTIVES:

1. Six Herbal gardens will be prepared at Talasari, Uplat, Gangangaon, Zari, Udhva and Zaroli by June 1995.

A total of at least 100 medicinal plants/trees will be planted in the garden or identified in the campus of the Centre.

Each plant tree will be plated and a catalogue of the uses and the manner of use of each of these plants/trees will be made.

(RESPONSIBILITY: Each one present took responsibility for his/her own area.)

2. Arrangements should be made that at least 500 students/people make a guided visit of each of these herbal gardens by June 1995.

(RESPONSIBILITY: Each one present took responsibility for his/her own area.)

3. A visit will be arranged to Kashale/Vada by jeep in June 1994 in order to get seedlings of medicinal plants.

(RESPONSIBILITY: James)

4. We will send at least 15 people for the one month's training camp from April 25th. to May 25th. at Kashele.

(RESPONSIBILITY: Cecilia/James)

5. A video show will be prepared by 31st. December 1994 to explode certain myths regarding allopathy and to motivate and encourage our people to use more herbal medicine.

(RESPONSIBILITY: Script and shooting: Nancy and Mary.  
Finances: James)

6. Each Centre will take responsibility for arranging half to one day

camps to train our teachers and students of Std. VII - X of all our Schools in the Centre area, in the effective use of herbal and traditional remedies. These camps will be held along the same pattern as legal camps. Masmar kaka, Thomas Gute and John Gimbal will be used as resource persons.

(RESPONSIBILITY: Each centre will give James by June 1994 a detailed plan as to when and how they will conduct these camps.

7. Each Centre will encourage in the boarding in their area the use of herbal medicines for minor ailments like a) ordinary cough b) colds c) wounds d) ordinary skin diseases e) muscular pains f) ear aches, g) headaches i) plain diarrhea.

Sr. Cecilia will instruct Dr. Palekar to train them very specially in the diagnosis and treatment of the above ailments.

8. James will order 100 copies of Marie's book on herbal medicine the following centres agreed to sell the books as follows:  
Talasari: 40 copies; Gangangaon: 20 copies; Zaroli: 20 copies;  
Udhwa: 20 copies)

9. Two camps for the Vaudus will be organized in the coming year - the first in September and the other in February.

(RESPONSIBILITY: Nancy)

10. A special leaflet of information will be prepared on the panova.

(RESPONSIBILITY: Script - Nancy and Mary  
Printing - James.)

11. A two day accupressure training camp will be arranged at Talasari at a time convenient to both the resource persons and the participants.

(RESPONSIBILITY: James)

12. An evaluation of the execution of the above objectives will be made once in four months by all those involved in the propagation of herbal medicine at the various centres.

For the present James will take the responsibility for this.

The last two objective were accepted chiefly by Talasari. The others, without committing themselves, said that they would try to attain them:

1. Important herbs like Tulsi, Korfad and panova will be multiplied (100 plants).

2. Literature on the above will be disseminated together with the distribution of the plants.

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