

SEEDLINGS DISTRIBUTED

25 Jan 1992. Following 3 varieties have been distributed:

JANSEVA MANDAL

Report of Activities of the Programme

"Involvement of Women in Herbal Medicine"

1. Village Level Meetings

The village level meetings which were planned to be held once every month did take place from October - December, 1992. However, at the meeting in November, the women from all the three villages expressed the desire to have the meetings every 15 days as they felt that the information they were being given was useful and practical for their daily life. Hence in the three months, 4 meetings have been held in each of the 3 villages ie. 12 meetings in all and the total number of women who attend these meeting is about 70.

At each meeting the following method was followed.

One or two plants were shown to the women and so that they would be able to identify the plants and understand which plant was spoken of. The various medical uses of the plant were explained and then a discussion followed.

The preparation of one medicine from the respective plant was demonstrated, so that the women could learn to prepare the medicine on their own.

The women then requested that they be given one or two saplings of the plant. Since we had prepared seedlings earlier, they were then distributed to the women of the three villages.

DISTRIBUTION OF POTS

The women were divided into two categories

- 1: Those who had space for a backyard garden
- 2: Those who had not

The latter were given plastic pots to hang from their roofs.

It was found that the Aloe and Tulsi seedlings which had been planted in the backyards were being destroyed by chickens. Hence, pots were given for these seedlings also. In this process the women have discovered how to raise saplings in pots.

SEEDLINGS DISTRIBUTED

So far 105 seedlings of the following 5 varieties have been distributed:

- | | |
|--------------------------|----------------|
| 1. Aloe barbadensis | 47 distributed |
| 2. Ocimum santum | 20 |
| 3. Cymbopogon citretus | 21 |
| 4. Coleus aromaticus | 6 |
| 5. Bryophyllum calycinum | 11 |

The village level meetings which were held once every month did take place from October - December, 1992. However, at the meeting in December, all the three villages expressed the desire to have the meeting during the 3 months 31 slides were prepared for their use. One slide each of the above shrubs and 5 slides (a) One for the climber Asparagus racemosus (b) Treatment of Colds (Rhinitis) (c) Treatment of Wounds (d) Method for Increasing Lactation (e) Total 31 slides were prepared for their use.

These slides will be shown in the villages during the month of January, 1993. The slides will be sold to the women for their use. The slides will be sold to the women for their use. The slides will be sold to the women for their use.

Brian D'Silva
Principal Investigator

The preparation of the slides was demonstrated, so that the women could learn to prepare the medicine on their own. The women then requested that they be given one or two seedlings of the plant. Since we had prepared seedlings earlier, they were then distributed to the women of the three villages.

DISTRIBUTION OF POTS

The women were divided into two categories: 1: Those who had space for a backyard garden; 2: Those who had not. The latter were given plastic pots to hang from their roofs. It was found that the Aloe and Tulsi seedlings which had been planted in the backyards were being destroyed by chickens. Hence, pots were given for these seedlings. In this process the women have discovered how to raise saplings in pots.

TRAINING PROGRAMME

Method

- A plant is shown to the women.
- They are asked its name they are familiar with and what use they have made of it and where it can be found, etc.
- The Marathi name is told to them....
- ... and then remedies for common ailments of women and children are discussed.
- A few preparations are explained...
- and one preparation practically demonstrated.

At every meeting a re-capitulation of the previous months session is done before proceeding to the next topic.

At the end of each session the women are asked if they would like to have the plant discussed and a seedling is provided within the month.

When providing the seedling the method of planting and care to be taken is also explained and demonstrated.

Content

Illness	Plant used	Preparation
1. Painful menstruation	Aloe barbadensis	Kalaboli
2. Excessive menstruation	Cynodon dactylon	Juice
Threatened abortion		
3. White discharge	Asparagus racemosus	Juice
Lactation		Powder
Increase strength		
4. Pregnancy - Vomiting	Aegle marmelos leaves	Juice
	Punica granatum	
5. Pregnancy - Anaemia	Embllica officinalis	Fruit
6. Wounds	Bryophyllum calycinum	
7. Fever	Cyperus rotundus	Hot infusion
8. Diarrhoea	Cyperus rotundus	Decoction
9. Scabies	Azadirachta indica	Paste
10. Measles	Cyperus sp. (tuber)	Cold infusion
11. Fever - infants	Ocimum sanctum	Juice
12. Severe Diarrhoea	Holarrhena antidysent.	Powder
13. Earache, Pus in ears	Ocimum basilicum	Juice
14. Rhinitis	Coleus aromaticus)	
	Cymbopogon citratus >	Decoction
	Ocimum sanctum)	
15. Jaundice	Phyllanthus niruri	Paste
16. Joint pains	Vitex negundo	Steam

जनसेवा मंडळ

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Recd 22/1/93

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नंदुरबार. ४२५४१२
महाराष्ट्र

File No. SC/WS/594/91. 22/1/93

To,

Dr. Shashi Ahuja,
Senior Scientific Officer
Dept. of Science & Technology
Technology Bhawan
New Delhi

Dear Dr. Ahuja,

Enclosed please find 5 copies
of the Report of the Activities of the
Project "Involvement of Tribal Women
in Herbal Medicine" as per your
requirements.

This report covers the period
October - December 1992.

Thanking you.

Sincerely
B. D. Silva

Janseva Mandal Korit Road, Nandurbar, 425412

incl. as above