



From

Dr. Sarada Menon

To

The Director & Staff
Scarf. India

Dr. (Smt.) M. Sarada Menon,
M.D., D.P.M., F.R.C., Psych. (London) F.A.P.A., D.Sc.,
Consulting Hours : 4 p.m. to 7.30 p.m.
Sunday Holiday

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(Opp. Bain School)
☎: 2641 2697

Date : February '21

Dear Jhara and Padma,

"Better late than never" is a lame excuse
I prefer to say "Mea culpa (Mea culpa),
Mea culpa". I thought I had acknowledged
the precious gift you gave me, one of the many.
Let me put the blame on age related issues
or early A.D. Anyway, let me start some-
where, but believe me whatever you read here
will never adequately meet the surprise, joy
gratitude and appreciation I truly feel.

Someone interested in me and Scarf said
"When I went through the book I felt as
though I was going through the magnum
opus of Indian Psychiatry". The brilliant
manner in which it has been put together cannot
but demand all praise. It has been painted
vividly, with never a dull moment for the
avid reader. All kudos for those who have
taken the pains to prepare it

Look at the book. A beautiful get up, —
the magnificent tree of life — the feeling of
a hopeful future ahead. Done I turn the pages?

Yes. What do I find? Paper of classic taste
delightful memories, pictures of familiar faces, welcome
smiles, inviting incidents all loaded with what I
did not expect but raised my hopes to better
happenings ahead. It was an excellent depiction
of my life with Scarf, - the staff patients, families
friends, well wisher, and support national and
international in the most neglected, unpopular
area of Schizophrenia. It was a tough task
dear friends, with questions from the family (in
the earlier days) Why Medicine? to the
Boss (Medical Consultant) Why Psychiatry?
from colleagues "Why Schizophrenia". Even my
colleagues in the organisation were being influenced
by others from the same discipline "Why not Mental
Health?" But remember Thara I insisted on
continuing on Schizophrenia and Schizophrenia only
The acronym clouds the true significance of the
objectives of the organisation, but retains its
unique values.

These are random thoughts. It was
most heartening to see my dear relatives and

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and friends, associates and well wishers in the beautiful photographs, and to read the comments and appreciation of those who worked with me, the vein of my unchanged quality of strictness as opined by most, and the thread of loyalty woven through appreciation

The second part of the book talks about the work done after my baby sitting and adolescent care of the foundation. Modern views on furthering the objectives, varying the quality of awareness projects, application of recent advances in technology and social changes, covering a larger population at all levels of illness, research, administrative changes required for the present era have all received attention

I am grateful to all those who contributed to this unusual volume of facts of the still elusive subject of Schizophrenia, and hope that the target will be taken through the maze with the victims to total restoration, wholeness, and integration

Thank you Thara Thank you Padme

Some see things as they are, and ask Why?
I dream things that never were and say
Why NOT?

The book is good. The makers are truly
great. The contributors generous
and the final is a

Thank you.
Specially to
Those who conceived
plans, executed
and
spread.

Dr. Shava + Dr Padma.
Scarf India.

A request from Dr.M.Sarada Menon:
"No gifts please, donations to SCARF
are welcome"



*We invite you to join us
for the 90th
Birthday Celebrations
of
Dr. M. Sarada Menon
Founder, SCARF
on
April 13,th 2013
at
11.30 am
GRT Southern Crown Hall
Chennai.*

*R.Seshasayee
President*

*Dr.R.Thara
Director*

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TO

Mrs & Mr B Balaguruviah
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Handwritten signature

90th

Birthday Celebrations

Schizophrenia Research
Foundation
R/7A North Main Road
Annanagar West Extn
Chennai 600 101

RETURN
REASON : NSP
D.O.R. : 21/7